

**Brahes medel-DM 2024-06-08, Långnästräsket, IF Brahe**[H21](#) [H35](#) [H20](#) [H21](#) [H40](#) [H45](#) [H18](#) [H50](#) [H55](#) [D35](#) [D20](#) [H60](#) [H16](#) [D40](#) [D45](#) [D18](#) [H65](#) [D50](#) [D16](#) [H70](#) [D55](#) [D60](#) [H75](#) [D65](#) [D70](#) [H80](#) [D75](#) [D80](#) [H90](#) [H14](#) [D14](#) [H13](#) [D13](#) [H12](#) [D12](#) [H10RR](#) [D10RR](#)**H21 4,98 km**

			1. (167 m)	2. (74 m)	3. (257 m)	4. (90 m)	5. (177 m)	6. (120 m)	7. (270 m)	8. (149 m)	9. (948 m)	10. (113 m)	11. (355 m)	12. (513 m)	13. (130 m)	14. (704 m)	15. (242 m)	16. (257 m)	17. (118 m)	18. (172 m)	19. (87 m)	Resultat (min/km)					
1.	Andreas Hall	Femman	2-01:20 2-01:20	3-01:56 5-00:36	2-03:42 1-01:46	2-04:30 6-00:48	2-05:52 3-01:22	5-07:28 20-01:36	4-09:21 4-01:53	2-10:16 1-00:55	1-17:05 1-06:49	1-18:05 13-01:00	1-20:22 1-02:17	1-25:19 17-04:57	1-26:39 2-04:36	1-31:15 2-01:47	1-33:02 2-01:47	1-34:50 6-01:48	1-35:40 2-00:50	1-36:49 4-01:09	1-37:06 3-00:17	37:06	7:26	Andreas Hall			
2.	Tobias Åkerlund	Solf	13-01:36 13-01:36	12-02:19 11-00:43	4-04:11 2-01:52	4-04:50 1-00:39	5-06:28 15-01:38	4-07:16 1-00:48	1-10:04 1-01:48	2-18:35 11-01:10	2-18:13 6-08:21	2-19:19 2-00:44	2-21:59 7-02:40	2-26:55 1-03:43	2-31:30 5-01:13	2-33:16 1-01:46	2-34:57 2-01:41	2-35:53 12-00:56	2-36:59 2-01:06	2-37:16 3-39:13	2-37:16 3-39:32	37:16	7:28	Tobias Åkerlu			
3.	Anders Bäckström	Femman	20-01:42 20-01:42	13-02:28 7-00:38	8-04:29 9-02:09	9-05:27 14-00:58	9-06:56 6-01:29	9-07:51 5-00:55	6-09:54 5-02:03	6-11:02 8-01:08	3-18:47 3-07:45	3-19:39 6-00:52	3-22:16 5-02:37	3-26:18 4-04:02	3-27:41 9-01:23	3-33:15 9-05:34	3-35:29 6-02:14	3-37:16 4-01:47	3-38:07 4-00:51	3-39:13 2-01:06	3-39:32 8-00:19	39:32	7:56	Anders Bäcksti			
4.	Hannes Holmback	OK77	8-01:31 8-01:31	4-02:04 2-00:33	6-04:18 12-02:14	5-05:00 2-00:42	3-06:20 2-01:20	2-07:10 2-00:50	3-09:18 8-02:08	3-10:20 2-01:02	5-19:47 12-09:27	4-20:29 1-00:42	4-22:50 3-02:21	5-27:37 15-04:47	4-28:40 1-01:03	4-33:25 4-04:45	4-35:51 11-02:26	4-37:36 3-01:45	4-38:31 10-00:55	4-39:36 1-01:05	4-39:56 4-39:56	39:56	8:01	Hannes Holmba			
5.	Christian Kronberg	Femman	1-01:12 1-01:12	1-01:47 3-00:35	1-03:41 3-01:54	1-04:25 4-00:44	1-05:47 3-01:22	1-06:59 17-01:12	7-09:55 20-02:56	5-10:58 3-01:03	11-21:47 16-10:49	11-22:33 3-00:46	9-24:52 2-02:19	10-29:31 13-04:39	8-30:34 1-01:03	7-35:10 2-04:36	5-36:57 2-01:47	5-38:31 1-01:34	5-39:23 5-00:52	5-40:35 5-01:12	5-40:55 11-00:20	40:55	8:12	Christian Kro			
6.	Lukas Ohls	Falken	3-01:21 3-01:21	2-01:53 1-00:32	3-03:53 5-02:00	3-04:44 9-00:51	4-06:21 14-01:37	3-07:15 4-00:54	2-09:05 2-01:50	14-12:42 22-03:37	6-19:49 2-07:07	6-20:38 4-00:49	5-23:27 11-02:49	4-27:24 3-03:57	6-29:24 22-02:00	6-34:54 5-08:30	6-37:04 5-02:10	6-38:54 7-01:50	6-39:46 5-00:52	6-40:59 7-01:13	6-41:18 8-00:19	41:18	8:17	Lukas Ohls			
7.	Staffan Järn	Femman	9-01:32 9-01:32	8-02:15 11-00:43	5-04:15 5-02:00	7-05:18 15-01:03	7-06:47 6-01:29	7-07:48 13-01:01	9-10:04 11-02:16	10-11:35 19-01:31	4-19:35 5-08:00	5-20:36 15-01:01	6-23:28 13-02:52	6-28:05 12-04:37	5-29:12 3-01:07	5-34:35 5-05:23	6-37:04 12-02:29	7-39:08 13-02:04	7-40:03 10-00:55	7-40:03 10-00:55	7-41:23 8-01:20	7-41:40 3-00:17	41:40	8:22	Staffan Järn		
8.	Mickel Forsell	Botnia	5-01:23 5-01:23	20-02:50 22-01:27	16-04:51 7-02:01	17-05:58 18-01:07	15-07:32 10-01:34	13-08:28 6-00:56	12-10:32 6-02:04	11-11:36 5-01:04	7-20:06 7-08:30	7-21:09 17-01:03	7-24:08 16-02:59	7-28:30 8-04:22	7-29:47 6-01:17	8-35:15 7-05:28	8-37:24 4-02:09	9-39:53 20-02:29	8-41:01 21-01:08	8-42:23 15-01:22	8-42:39 2-00:16	42:39	8:33	Mickel Forsel			
9.	Staffan Tunis	Femman	18-01:41 18-01:41	15-02:28 16-00:47	10-04:31 8-02:03	8-05:19 6-00:48	10-06:57 15-01:38	10-07:55 10-00:58	11-10:08 10-02:13	9-11:16 8-01:08	8-21:02 13-09:46	8-22:04 16-01:02	8-24:50 9-02:46	9-30:44 9-04:23	9-33:10 12-01:31	9-38:28 6-05:26	8-20:49 8-02:18	16-02:10 16-02:10	13-01:02 13-01:02	9-41:40 22-01:32	9-43:12 21-00:23	9-43:12 21-00:23	43:35	8:45	Staffan Tunis		
10.	Sergey Gorokhov	Femman	18-01:41 18-01:41	17-02:32 19-00:51	17-04:55 17-02:23	14-05:51 12-00:56	14-07:30 17-01:39	14-08:30 11-01:00	13-10:47 12-02:17	12-11:59 13-01:12	9-21:09 11-09:10	9-22:05 11-00:56	10-24:59 9-04:23	9-29:22 10-01:31	10-30:53 19-06:31	10-37:24 11-00:36	10-39:46 11-02:22	10-41:48 10-02:02	10-42:38 2-00:50	10-44:00 15-01:22	10-44:20 11-00:20	44:20	8:54	Sergey Gorokh			
11.	Mikko Kukkola	KoS	6-01:24 6-01:24	5-02:06 9-00:42	6-04:18 10-02:12	6-05:11 11-00:53	6-06:42 9-01:31	6-07:43 13-01:01	10-10:05 14-02:22	7-11:11 6-01:06	15-22:22 19-11:11	14-23:50 8-02:44	15-26:34 11-04:27	12-31:01 8-01:22	12-32:23 11-06:02	12-38:25 11-40:54	11-42:41 11-42:41	11-43:35 8-00:54	11-44:55 10-01:20	11-45:17 18-00:22	45:14	9:04	Mikko Kukkola				
12.	Lucas Vesterback	Malax	10-01:33 10-01:33	14-02:25 20-00:52	13-04:46 16-02:21	14-05:51 17-01:05	16-07:40 20-01:49	15-08:36 6-00:56	14-10:56 13-12:07	13-12:07 12-01:11	17-23:02 18-10:55	17-24:17 19-01:15	16-27:17 5-00:04	14-31:23 14-32:58	13-38:43 12-05:45	13-41:20 15-02:37	13-43:19 9-01:59	12-44:12 7-00:53	12-45:33 13-01:21	12-45:55 18-00:22	45:55	9:13	Lucas Vesterb.				
13.	Hannes Stubb	Falken	16-01:39 16-01:39	6-02:14 3-00:35	15-04:50 20-02:36	12-05:32 2-00:42	13-07:14 19-01:42	17-09:28 23-02:14	16-11:55 16-02:27	15-13:13 14-01:18	13-22:08 10-08:55	16-23:52 23-01:44	14-26:29 5-02:37	11-30:36 6-04:07	11-32:15 17-01:39	11-38:05 13-05:50	15-42:23 21-04:18	14-44:16 8-01:53	14-45:04 1-00:48	13-46:17 7-01:13	13-46:38 16-00:21	46:38	9:21	Hannes Stubb			
14.	Oliver Udel	Solf	13-01:36 13-01:36	10-02:18 9-00:42	11-04:35 14-02:17	12-00:52 12-00:56	12-07:01 8-01:30	11-07:58 8-00:57	8-10:02 6-02:04	7-11:11 10-01:09	10-21:20 14-10:09	12-22:15 9-00:55	17-27:20 24-05:05	15-33:15 7-04:20	14-38:51 11-05:36	12-41:11 9-02:20	12-43:14 12-02:03	13-44:57 23-01:43	14-46:18 13-01:21	14-46:43 24-00:25	46:43	9:22	Oliver Udel				
15.	Dmitrii Grachev	Pohjant	11-01:34 11-01:34	17-02:32 18-02:24	18-04:56 18-02:24	18-06:07 19-01:11	17-07:46 17-01:39	18-09:41 19-01:55	17-12:05 15-02:24	17-13:27 16-01:22	12-21:58 8-00:53	12-22:51 21-03:30	11-26:21 14-04:41	13-32:02 14-01:35	15-39:11 20-06:34	14-42:19 19-03:08	15-46:08 24-02:49	15-46:14 19-01:06	15-47:44 20-01:30	15-48:05 16-00:21	48:05	9:39	Dmitrii Grach				
16.	Patrick Kronberg	Femman	11-01:34 11-01:34	10-02:18 13-00:44	18-04:56 21-02:38	21-07:11 23-02:15	20-08:45 10-01:34	19-01:55 11-01:00	20-12:56 22-03:11	20-25:40 21-02:27	18-29:44 18-01:14	19-26:54 12-02:50	18-29:44 16-04:56	17-34:40 10-01:27	16-36:07 18-06:21	17-42:28 7-02:16	16-44:44 18-02:20	16-47:04 14-01:03	16-48:07 19-01:29	16-49:36 3-00:17	49:53	10:01	Patrick Kronb				
17.	Sören Jansson	Falken	3-01:21 3-01:21	23-05:18 23-03:57	23-07:12 3-01:54	23-07:57 5-00:45	22-09:23 5-01:26	21-10:19 6-00:56	18-12:29 9-02:10	23-20:19 23-07:50	23-28:12 4-07:53	22-29:09 12-00:57	21-32:04 15-02:55	21-35:52 2-03:48	21-37:02 4-01:10	18-42:36 9-05:34	17-45:22 16-02:46	17-47:24 10-02:02	17-48:18 8-00:54	17-49:41 17-01:23	17-49:59 7-00:18	49:59	10:02	Sören Jansson			
18.	Joakim Hakala	Femman	23-02:41 23-02:41	22-03:17 5-00:36	20-05:34 14-02:17	20-07:07 22-01:33	19-08:42 13-01:35	20-09:50 15-01:08	19-12:33 18-02:43	18-13:40 7-01:07	14-22:14 9-08:34	13-23:06 6-00:52	13-26:26 19-03:20	18-34:50 24-08:24	19-36:37 19-01:47	19-42:43 16-06:06	18-46:22 20-03:39	18-48:28 15-02:06	18-49:32 16-01:04	18-50:52 10-01:20	51:12	10:16	Joakim Hakala				
19.	Johan Lövsund	Botnia									21-26:11	20-27:06 9-00:55	20-29:53 10-02:47	18-34:50 17-04:57	17-36:19 11-01:29	16-42:09 13-05:50	19-46:42 22-04:33	19-48:55 17-02:13	19-49:58 14-01:03	19-51:22 18-01:24	19-51:44 11-00:22	51:44	10:23	Johan Lövsund			
20.	Rasmus Hautala	Femman	21-01:51 21-01:51	19-02:36 14-00:45	14-04:48 10-02:12	13-05:39 9-00:51	11-06:58 1-01:19	8-07:49 3-00:51	5-09:41 3-01:52	4-10:44 3-01:03	16-23:00 22-12:16	15-23:51 5-00:51	11-26:21 4-02:30	16-34:39 23-08:18	18-36:34 21-01:55	20-44:12 21-07:38	20-47:15 18-03:03	20-49:57 23-02:42	20-51:04 20-01:07	20-52:18 9-01:14	20-52:31 1-00:13	52:31	10:32	Rasmus Hautal.			
21.	Peter Sundelin	Femman	7-01:29 7-01:29	6-02:14 14-00:45	12-04:38 18-02:24	16-05:54 20-01:16	18-07:48 22-01:54	16-08:56 15-01:08	15-11:31 17-02:35	16-13:17 20-01:46	18-24:53 20-11:36	18-25:53 13-01:00	19-29:47 23-03:54	20-35:05 21-05:18	20-36:59 20-01:54	21-45:06 22-08:07	21-47:40 14-02:34	21-50:13 21-02:33	21-51:17 16-01:04	21-52:53 22-01:36	21-53:16 21-00:23	53:16	10:41	Peter Sundeli			
22.	Robin Udel	Solf	17-01:40 17-01:40	16-02:30 18-00:50	22-06:23 23-03:53	22-07:27 16-01:04	21-09:20 21-01:53	22-10:35 18-01:15	22-13:19 19-02:44	20-14:43 17-01:24	22-26:56 21-12:13	21-28:33 22-01:37	22-32:07 22-03:34	22-37:16 19-05:09	22-38:55 17-01:39	22-45:08 17-06:13	22-51:33 24-06:25	22-53:57 19-02:24	22-55:02 18-01:05	22-56:33 21-01:31	22-56:53 11-00:20	56:53	11:25	Robin Udel			
23.	Hannes Kullman	Falken	13-01:36 13-01:36	8-02:15 8-00:39	9-04:30 13-02:15	8-05:19 8-00:49	8-06:53 10-01:34	12-08:14 19-01:21	21-13:02 23-04:48	19-14:21 15-01:19	19-25:12 17-10:51	23-29:49 24-04:37	23-33:12 20-03:23	23-38:28 20-05:16	23-40:40 24-02:12	23-49:46 24-09:06	23-52:45 17-02:59	23-54:50 14-02:05	23-56:58 24-02:08	23-58:10 5-01:12	23-58:29 8-00:19	58					

		1. (167 m)	2. (257 m)	3. (237 m)	4. (106 m)	5. (219 m)	6. (149 m)	7. (948 m)	8. (113 m)	9. (355 m)	10. (234 m)	11. (417 m)	12. (108 m)	13. (242 m)	14. (257 m)	15. (158 m)	16. (158 m)	17. (87 m)	Resultat (min/km)				
1.	Heini Wenman	Pohjant	1-01:36 1-01:36	1-03:41 1-02:05	1-05:41 1-02:00	1-06:41 2-01:00	1-08:21 1-01:40	1-09:25 2-01:04	1-17:22 2-07:57	1-18:18 2-00:56	1-21:10 3-02:52	1-23:05 1-01:55	1-27:01 4-03:56	1-27:54 2-00:53	1-30:16 1-02:22	1-32:20 3-02:04	1-33:30 4-01:10	1-35:23 14-01:53	1-35:43 6-00:20	35:43	8:27	Heini Wenman	
2.	Karoliina Uksoski	LS-37	2-01:39 2-01:39	2-03:53 3-02:14	2-05:54 2-02:01	2-06:49 1-00:55	5-10:38 13-03:49	4-11:39 1-01:01	2-19:33 1-07:54	2-20:50 1-02:17	2-23:27 2-02:05	2-25:32 1-03:19	2-28:51 1-00:50	2-29:41 11-03:30	2-33:11 1-01:45	2-34:56 1-01:45	2-35:57 1-01:01	2-37:19 1-01:22	2-37:35 1-00:16	37:35	8:54	Karoliina Uksoski	
3.	Laura Portin	Minken	4-01:48 4-01:48	3-04:09 5-02:21	4-06:28 4-02:19	4-07:37 7-01:09	3-09:27 3-01:50	3-10:41 4-01:14	3-21:40 5-10:59	3-22:53 4-02:58	3-25:51 3-02:06	3-27:57 3-03:49	3-31:46 3-32:56	3-35:24 4-02:28	3-37:31 2-01:07	3-38:38 3-40:01	3-40:01 2-01:23	3-40:22 1-01:23	3-40:22 9-00:21	40:22	9:33	Laura Portin	
4.	Jenny Finnäs	Malax	7-02:09 7-02:09	4-04:20 2-02:11	3-06:26 3-02:06	3-07:26 2-01:00	2-09:16 2-01:50	2-10:40 7-01:24	6-25:25 12-14:45	6-26:31 4-01:06	5-29:21 2-02:50	5-31:39 4-02:18	4-35:03 2-03:24	4-35:58 3-00:55	4-39:15 7-03:17	4-41:13 4-01:13	4-42:22 3-01:09	4-43:48 4-01:26	4-44:08 6-00:20	44:08	10:27	Jenny Finnäs	
5.	Eva-Lina Sandell	Femman	9-02:28 9-02:28	7-04:56 6-02:28	6-07:34 8-02:38	6-08:40 6-01:06	6-10:55 6-02:15	5-12:16 5-01:21	4-23:46 7-11:30	4-25:02 11-01:16	4-28:17 6-03:15	4-31:14 9-02:57	5-36:05 7-04:51	5-37:15 7-01:10	5-40:38 9-03:23	5-43:03 6-02:25	5-44:36 11-01:33	5-46:09 7-01:33	5-46:33 13-00:24	46:30	11:01	Eva-Lina Sandell	
6.	Fia Snickars	Solf	15-05:49 15-05:49	13-12:26 12-04:02	13-12:26 7-02:35	13-13:39 8-01:13	11-15:44 5-02:05	9-07:21	8-27:25 3-10:14	8-28:36 7-01:11	8-31:46 5-03:10	6-34:24 7-02:38	6-39:31 10-05:07	7-40:59 13-01:28	7-44:26 10-03:27	6-47:14 11-02:48	6-48:38 8-01:24	6-50:04 4-01:26	6-50:26 10-00:22	50:26	11:57	Fia Snickars	
7.	Matilda Nynäs	Botnia	10-02:29 10-02:29	6-04:46 4-02:17	7-07:39 10-02:53	9-10:26 15-02:47	14-18:10 15-07:44	14-19:33 6-01:23	11-29:56 4-10:23	11-31:03 5-01:07	11-34:47 8-03:44	11-37:15 5-04:07	9-41:22 9-01:13	9-42:35 5-03:09	9-45:44 8-02:37	8-48:21 5-01:17	8-49:38 13-01:44	7-51:22 3-00:18	7-51:40 3-00:18	51:40	12:14	Matilda Nynäs	
8.	Daria Gracheva	Pohjant	5-01:57 5-01:57	5-04:41 5-02:44	5-07:05 2-01:00	5-08:05 2-01:00	4-10:24 7-02:19	6-12:26 13-02:02	5-25:05 13-02:39	5-26:14 6-01:09	6-31:10 14-04:56	7-34:38 13-03:28	11-42:39 14-06:01	10-43:45 3-02:56	10-46:21 3-02:56	9-48:43 5-02:22	9-50:00 5-01:17	8-51:24 3-01:24	8-51:46 10-00:22	51:46	12:16	Daria Gracheva	
9.	Elina Grahn	Femman	8-02:15 8-02:15	9-05:21 11-03:06	9-08:27 12-03:06	8-09:51 10-01:24	8-12:17 10-02:26	8-13:56 10-01:39	7-25:51 11-01:26	7-27:07 11-04:07	7-31:14 11-04:07	8-34:54 10-03:40	8-39:45 7-04:51	8-41:20 15-10:43	8-44:59 12-03:39	7-47:51 13-02:52	7-49:31 12-01:40	9-52:11 15-02:40	9-52:37 15-00:26	52:37	12:28	Elina Grahn	
10.	Matilda Torrkulla	Femman	3-01:43 3-01:43	11-06:14 13-04:31	14-13:08 15-06:54	14-14:12 5-01:04	12-16:05 4-01:53	10-17:18 3-01:13	10-28:41 6-11:23	9-29:29 1-00:48	9-33:00 7-03:31	9-35:28 5-02:28	7-39:44 6-40:45	6-40:45 4-01:01	6-44:04 10-48:58	10-48:58 14-04:54	10-51:01 15-02:03	10-52:28 6-01:27	10-52:46 3-00:18	52:46	12:30	Matilda Torrkulla	
11.	Caroline Sandelin	NOK	11-02:35 11-02:35	10-05:24 8-02:49	8-07:55 6-02:31	7-09:08 8-01:13	7-11:30 9-02:22	7-13:20 11-01:50	9-28:23 13-15:03	10-29:58 14-01:35	10-33:49 9-03:51	10-37:07 12-03:18	10-42:35 11-05:28	11-43:53 10-01:18	11-48:01 14-04:08	11-53:32 15-05:31	11-54:50 7-01:18	11-56:26 8-01:36	11-56:46 6-00:20	56:46	13:27	Caroline Sandelin	
12.	Julia Torrkulla	Femman	14-04:00 14-04:00	12-06:54 9-02:54	11-09:47 10-02:53	11-11:40 13-01:53	9-14:01 8-02:21	13-19:25 15-05:24	12-31:32 9-12:07	12-32:45 9-01:13	12-36:53 12-04:08	12-40:45 15-03:52	12-46:18 12-05:33	12-47:45 12-01:27	12-58:28 15-10:43	12-1:01:09 9-02:41	12-1:04:18 10-01:32	12-1:04:41 9-01:37	12-1:04:41 12-00:23	1:04:41	15:19	Julia Torrkulla	
13.	Jessica Wärnman	Falken	6-02:05 6-02:05	8-05:03 10-02:58	10-09:23 13-04:20	10-10:54 12-01:31	13-16:34 14-05:40	12-17:58 7-01:24	15-41:12 15-23:14	15-42:11 3-00:59	14-46:06 10-03:55	14-49:08 10-03:02	14-55:29 13-06:21	13-1:00:44 11-01:21	13-1:04:14 13-03:54	13-1:04:45 7-02:30	9-01:31	13-1:06:26 12-01:41	13-1:06:51 14-00:25	1:06:51	15:50	Jessica Wärnman	
14.	Linnea Granlund	Minken	13-03:03 13-03:03	13-08:35 14-05:32	12-11:20 9-02:45	12-12:40 10-01:20	10-15:42 12-03:02	11-17:51 14-02:09	14-40:53 13-23:02	14-42:05 10-01:12	15-50:04 15-07:59	15-53:10 11-03:06	15-58:04 9-04:54	14-59:11 6-01:07	14-1:01:54 4-02:43	14-1:04:36 10-02:42	14-1:06:23 14-01:47	14-1:08:01 10-01:38	14-1:08:20 5-00:19	1:08:20	16:11	Linnea Granlund	
15.	Alisa Kivineva	Botnia	12-02:37 12-02:37	15-09:58 15-07:21	15-16:03 14-06:05	15-17:59 14-01:56	15-20:37 11-02:38	15-22:32 12-01:55	13-35:25 11-12:53	13-37:01 15-01:36	13-41:53 13-04:52	13-44:44 8-02:51	13-52:45 14-08:01	15-1:03:05 15-10:20	15-1:06:16 6-03:11	15-1:09:05 12-02:49	15-1:10:48 13-01:43	15-1:12:28 11-01:40	15-1:12:45 2-00:17	1:12:45	17:14	Alisa Kivineva	

#### H40 3,98 km

		1. (167 m)	2. (310 m)	3. (177 m)	4. (125 m)	5. (219 m)	6. (149 m)	7. (948 m)	8. (316 m)	9. (134 m)	10. (417 m)	11. (105 m)	12. (242 m)	13. (257 m)	14. (134 m)	15. (158 m)	16. (87 m)	Resultat (min/km)				
1.	Tomas Glasberg	Malax	1-01:41 1-01:41	1-04:26 2-02:45	1-05:55 1-01:29	1-07:20 1-01:25	2-09:15 5-01:55	2-11:13 13-01:58	2-20:04 2-08:51	1-22:41 3-02:37	2-24:28 13-01:47	2-28:27 3-03:59	2-29:31 5-01:04	1-31:40 1-02:09	1-33:48 3-02:08	1-34:48 1-01:00	1-36:02 2-01:14	1-36:21 2-00:19	36:21	9:07	Tomas Glasberg	
2.	Christoffer Granholm	Femman	8-02:08 8-02:08	5-05:02 2-01:34	3-06:36 2-01:34	3-08:16 10-01:40	3-10:02 2-01:46	3-11:31 11-01:29	3-20:24 3-08:53	4-23:59 10-01:31	4-25:30 1-03:39	3-29:09 7-01:05	3-30:14 2-32:42	2-32:42 2-02:28	2-34:47 1-02:05	2-36:25 1-01:38	2-37:38 1-01:13	2-38:01 8-00:23	38:01	9:33	Christoffer Granholm	
3.	Ove Haldin	Femman	3-01:49 3-01:49	3-04:40 4-02:51	2-06:16 3-01:36	2-07:35 4-01:19	1-09:11 1-01:36	1-10:22 1-01:11	1-19:56 8-09:34	2-22:43 4-02:47	1-24:04 4-01:21	1-28:23 5-04:19	1-29:20 1-00:57	3-32:48 11-03:28	3-35:03 15-02:05	3-37:08 12-02:01	3-39:09 12-02:01	3-39:34 11-00:25	39:34	9:56	Ove Haldin	
4.	Jarkko Lauronen	Laihu	4-01:51 4-01:51	7-05:12 10-03:21	6-07:04 9-01:52	4-08:24 5-01:20	4-10:22 9-01:58	4-11:40 5-01:18	4-20:46 5-09:06	4-25:16 10-03:30	5-25:40 6-01:24	4-29:32 2-03:52	4-30:34 4-01:02	4-33:57 10-03:23	4-36:31 10-02:34	4-37:48 9-01:17	4-39:23 6-01:35	4-39:43 4-00:20	39:43	9:58	Jarkko Lauronen	
5.	Erkki Vähäsyrinki	NiS	2-01:44 2-01:44	2-04:32 3-02:48	5-08:36 13-02:56	5-08:36 1-01:08	5-10:33 7-01:57	5-11:44 1-01:11	5-20:47 4-09:03	3-23:20 1-02:33	3-24:41 4-01:21	5-30:19 13-05:38	6-32:28 12-02:09	6-35:29 5-03:01	5-37:36 2-02:07	5-38:37 2-01:01	5-40:02 4-01:25	5-40:18 1-00:16	40:18	10:07	Erkki Vähäsyrinki	
6.	Christian Holm	Femman	5-01:56 5-01:56	6-05:09 8-03:13	5-06:56 5-01:47	10-09:31 13-02:35	8-11:17 2-01:46	7-12:34 3-01:17	6-22:53 10-10:19	6-25:50 5-02:57	6-27:17 4-04:09	6-31:26 10-07:27	5-32:27 3-01:01	5-35:25 4-02:58	6-37:58 8-02:33	6-39:08 7-01:10	6-40:44 8-01:36	6-41:03 2-00:19	41:03	10:18	Christian Holm	
7.	Kenneth Smeds	NOK	12-02:19 12-02:19	10-05:54 11-03:35	9-07:34 4-01:40	6-08:51 3-01:17	6-10:47 6-01:56	6-12:06 11-10:49	7-22:55 8-03:20	7-26:15 8-03:20	7-27:42 7-01:27	8-32:29 5-01:04	7-33:33 8-03:08	7-36:41 8-02:33	7-39:14 8-02:33	7-40:28 8-01:14	7-42:09 10-01:41	7-42:32 8-00:23	42:32	10:41	Kenneth Smeds	
8.	Mikko Alasuuvanto	Kalu	7-02:06 7-02:06	12-06:08 12-04:02	12-09:38 14-03:30	11-10:53 2-01:15	11-12:42 4-01:49	11-13:59 3-01:17	9-23:28 6-09:29	8-26:38 7-03:10	8-27:49 1-01:11	7-32:18 6-04:29	8-34:45 14-02:27	8-37:50 7-03:05	8-40:20 5-01:07	8-41:27 5-01:07	8-42:54 5-01:27	8-43:17 8-00:23	43:14	10:51	Mikko Alasuuvanto	
9.	Christian Granlund	NOK	6-02:01 6-02:01	11-06:06 13-04:05	11-08:46 12-02:40	12-11:26 14-02:40	12-14:18 14-02:52	12-15:37 6-01:19	11-25:06 6-09:29	9-27:39 1-02:33	9-28:54 2-01:15	11-34:25 12-05:31	12-36:48 13-02:23	12-39:37 3-02:49	11-41:47 4-02:10	10-42:49 3-01:02	9-44:25 8-01:36	9-44:47 6-00:22	44:47	11:15	Christian Granlund	
10.	Christoffer Smeds	NOK	11-02:18 11-02:18	4-05:00 1-02:42	4-06:51 8-01:51	4-09:07 12-02:16	7-11:05 9-01:58	9-13:00 12-01:55	8-23:07 9-10:07	11-28:25 14-05:18	12-29:55 9-01:30	12-34:31 8-04:36	11-35:49 9-01:18	9-38:50 5-03:01	9-41:26 11-02:36	12-43:21 12-01:55	10-44:45 3-01:24	10-45:12 13-00:27	45:09	11:20	Christoffer Smeds	
11.	Ari Jussimäki	Halto	10-02:15 10-02:15	8-05:22 6-03:07	7-07:24 10-02:02	7-09:06 11-01:42	9-11:24 11-02:18	9-11:24 9-01:26	10-24:18 12-11:28	10-28:02 12-03:44	10-29:34 11-01:32	10-34:21 9-04:47	10-35:39 9-01:18	12-42:11 13-03:49	12-42:11 12-02:43	11-44:52 4-01:06	11-45:14 6-01:35	6-00:22	45:14	11:21	Ari Jussimäki	
12.	Mathias Henriksson	Falken	14-06:58 14-06:58	14-10:12 9-03:14	14-11:59 5-01:47	14-13:20 6-01:21	13-15:17 7-01:57	13-16:39 8-01:22	12-25:27 1-00:48	12-28:32 6-03:05	11-29:49 3-01:17	9-34:20 7-04:31	9-35:20 2-01:00	10-38:51 12-03:31	10-41:39 13-02:48	9-42:48 6-01:09	12-45:06 13-02:18	12-45:26 4-00:20	45:26	11:24	Mathias Henriksson	
13.	Jan Lindfors	Falken	9-02:14 9-02:14	9-05:25 7-03:11	10-07:54 11-02:29	9-09:25 8-01:31	10-12:08 13-02:43	10-13:35 10-01:27	13-26:04 14-12:29	13-29:58 13-03:54	13-32:10 14-02:12	13-37:15 11-05:05	13-38:37 11-01:22	13-41:58 9-03:21	13-44:30 7-02:32	13-46:52 14-02:22	13-48:46 11-01:54					

6.	Markus Nilsson	Minken	1-01:54 1-01:54	8-10:34 8-08:40	7-13:03 7-02:29	6-14:20 3-01:17	6-21:30 5-07:10	5-24:06 6-02:36	6-41:07 7-17:01	6-45:51 6-04:44	6-47:38 6-01:47	6-53:37 7-05:59	6-54:53 6-01:16	6-57:41 4-02:48	6-1:00:14 4-02:33	6-1:01:35 5-01:21	6-1:03:06 7-01:31	6-1:03:33 7-00:27	1:03:33	15:58	Markus Nilsson
7.	Andreas Norrgård		8-04:13 8-04:13	6-07:45 5-03:32	8-17:46 8-10:01	7-20:21 6-02:35	7-23:38 4-03:17	7-26:12 5-02:34	7-48:54 8-22:42	7-1:05:30 8-16:36	7-1:08:05 8-02:35	7-1:14:43 8-06:38	7-1:16:09 8-01:26	7-1:28:28 8-12:19	7-1:32:03 8-03:35	7-1:37:42 8-05:39	7-1:39:57 8-02:15	7-1:40:26 8-00:29	1:40:26	25:14	Andreas Norrgård
	Sam Sundberg	Minken	6-02:43 6-02:43	7-08:17 7-05:34	6-10:38 6-02:21		0-15:53	0-17:37 4-01:44	0-30:12 6-12:35	0-34:18 4-04:06	0-36:05 6-01:47	0-41:30 5-05:25	0-42:35 5-01:05	0-46:07 7-03:32	0-48:58 7-02:51	0-49:55 1-00:57	0-51:18 2-01:23	0-51:33 1-00:15	Disk.		Sam Sundberg

### H18 3,98 km

		1. (167 m)	2. (310 m)	3. (177 m)	4. (125 m)	5. (219 m)	6. (149 m)	7. (948 m)	8. (316 m)	9. (134 m)	10. (417 m)	11. (105 m)	12. (242 m)	13. (257 m)	14. (134 m)	15. (158 m)	16. (87 m)	Resultat (min/km)			
1.	Wilhelm Nyman	Brahe	1-01:59 1-01:59	1-05:08 1-03:09	1-07:17 1-02:09	1-08:46 2-06:18	1-15:04 2-06:18	1-16:12 1-01:08	1-26:32 1-10:20	1-30:12 1-03:40	1-31:55 2-01:43	1-36:33 1-04:38	1-38:00 1-01:27	1-40:39 1-02:39	1-43:42 2-03:05	1-45:13 1-01:31	1-46:35 1-01:22	1-46:57 1-00:27	46:57	11:47	Wilhelm Nyman
2.	Kevin Lindfors	Falken	2-03:33 2-03:33	2-08:35 2-05:02	2-11:05 2-02:30	2-13:23 2-02:18	2-15:38 1-02:15	2-17:04 2-01:26	2-28:37 2-11:33	2-41:31 2-12:54	2-42:50 1-01:19	2-48:54 2-06:04	2-50:22 2-01:28	2-58:18 2-07:56	2-1:01:06 1-02:48	2-1:02:47 2-01:41	2-1:05:22 2-02:35	2-1:05:47 2-00:25	1:05:44	16:30	Kevin Lindfors

### H50 3,71 km

		1. (146 m)	2. (225 m)	3. (184 m)	4. (177 m)	5. (120 m)	6. (967 m)	7. (316 m)	8. (134 m)	9. (417 m)	10. (105 m)	11. (242 m)	12. (257 m)	13. (118 m)	14. (172 m)	15. (87 m)	Resultat (min/km)				
1.	Jan Torrkulla	Femman	6-03:19 6-03:19	3-05:10 1-01:51	2-06:38 1-01:28	1-08:10 1-01:32	1-09:24 4-01:14	1-20:22 2-10:58	2-26:27 5-06:05	2-28:07 4-01:40	1-32:28 1-04:21	1-33:38 2-01:10	1-36:40 3-03:02	1-39:25 3-02:45	1-40:33 2-01:08	1-42:25 3-01:52	1-42:50 2-00:25	42:50	11:32	Jan Torrkulla	
2.	Kenneth Grankull	Kronan	7-04:47 7-04:47	7-07:05 4-02:18	4-08:33 1-01:28	4-10:15 2-01:42	4-11:26 1-01:11	3-22:01 1-10:35	4-28:20 6-06:19	4-29:51 1-01:31	3-34:15 2-04:24	3-35:18 1-01:03	3-38:55 5-03:37	4-1:22 1-02:27	2-42:26 1-01:04	2-43:52 1-01:26	2-44:19 7-00:27	44:19	11:56	Kenneth Grankull	
3.	Kim Biskop	KoS	3-02:00 3-02:00	2-04:14 2-02:14	1-06:09 3-01:55	2-08:35 6-02:26	2-10:00 5-01:25	2-21:40 4-11:40	1-25:30 2-03:50	1-27:03 3-01:33	2-33:47 6-06:44	2-34:59 3-01:12	2-38:32 4-03:33	3-41:34 6-03:02	3-43:21 5-01:47	3-45:41 7-02:20	3-46:07 5-00:26	46:07	12:25	Kim Biskop	
4.	Juhani Koivisto	Korttjv	1-01:44 1-01:44	1-04:00 3-02:16	3-08:11 5-04:11	3-09:53 2-01:42	3-11:05 2-01:12	4-22:15 3-11:10	3-27:19 3-05:04	3-29:12 5-01:53	4-35:20 5-06:08	4-37:54 6-02:34	4-40:47 1-02:53	4-43:21 2-02:34	4-45:54 7-02:33	4-47:40 2-01:46	4-48:05 2-00:25	48:05	12:57	Juhani Koivisto	
5.	Esa Leppäniemi	Vetu	5-03:06 5-03:06	6-05:56 5-02:50	5-08:39 4-02:43	5-10:41 5-02:02	5-12:07 6-01:26	5-24:21 5-12:14	6-32:38 7-08:17	5-34:09 1-01:31	5-39:36 4-05:27	5-40:51 4-01:15	5-43:50 2-02:59	5-46:42 4-02:52	5-47:55 3-01:13	5-49:51 4-01:56	5-50:16 2-00:25	50:16	13:32	Esa Leppäniemi	
6.	Fredrik Backman	Femman	4-02:26 4-02:26	4-05:20 6-02:54	6-11:22 6-06:02	7-14:33 7-03:11	7-16:34 7-02:01	7-33:51 7-17:17	7-39:10 4-05:19	7-41:18 7-02:08	7-48:12 7-06:54	6-49:34 5-01:22	6-54:49 6-05:15	6-58:34 7-03:45	6-1:00:28 6-01:54	6-1:02:47 6-02:19	6-1:03:13 5-00:26	1:03:13	17:02	Fredrik Backman	
	Joakim Holmback	Femman																	Disk.		Joakim Holmback
	Jyri Myllymäki	Vetu	2-01:56 2-01:56	5-05:32 7-03:36	7-12:06 7-06:34	6-13:57 4-01:51	6-15:09 2-01:12	6-29:13 6-14:04	5-32:28 1-03:15	6-34:21 5-01:53	6-39:44 3-05:23		0-44:57 4-02:52	0-47:49 4-01:41	0-49:30 4-01:41	0-51:29 5-01:59	0-51:53 1-00:24	Disk.		Jyri Myllymäki	

### H55 3,71 km

		1. (146 m)	2. (225 m)	3. (184 m)	4. (177 m)	5. (120 m)	6. (967 m)	7. (316 m)	8. (134 m)	9. (417 m)	10. (105 m)	11. (242 m)	12. (257 m)	13. (118 m)	14. (172 m)	15. (87 m)	Resultat (min/km)			
1.	Sören Strandvall	Minken	3-02:52 3-02:52	2-04:45 1-01:53	2-06:15 1-01:30	2-08:06 2-01:51	2-09:16 1-01:10	1-18:55 1-09:39	2-24:23 3-05:28	2-25:57 2-01:34	2-31:09 2-05:12	2-32:13 1-01:04	2-35:17 1-03:04	2-37:46 1-02:29	2-38:47 1-01:01	1-40:08 1-01:21	1-40:25 1-00:17	40:25	10:53	Sören Strandvall
2.	Rainer Råbb	GF	1-01:42 1-01:42	1-03:58 2-02:16	1-05:57 2-01:59	1-07:45 1-01:48	1-09:02 2-01:17	2-19:08 1-02:06	1-22:35 1-03:27	1-23:55 1-01:20	1-29:01 1-05:06	1-30:06 3-04:16	1-34:22 2-02:36	1-36:58 2-02:36	1-38:06 2-01:08	2-40:22 3-02:16	2-40:47 2-00:25	40:47	10:59	Rainer Råbb
3.	Kenneth Lassila	Falken	2-02:26 2-02:26	3-04:59 3-02:33	3-07:03 3-02:04	3-09:47 3-02:44	3-11:42 3-01:55	3-25:02 3-13:20	3-29:17 2-04:15	3-31:09 3-01:52	3-36:55 3-05:46	3-38:27 3-01:32	3-42:30 2-04:03	3-45:45 3-03:15	3-47:22 3-01:37	3-49:22 2-02:00	3-49:59 3-00:37	49:59	13:28	Kenneth Lassila

### D35 3,71 km

		1. (146 m)	2. (225 m)	3. (184 m)	4. (177 m)	5. (120 m)	6. (967 m)	7. (316 m)	8. (134 m)	9. (417 m)	10. (105 m)	11. (242 m)	12. (257 m)	13. (118 m)	14. (172 m)	15. (87 m)	Resultat (min/km)			
1.	Annelie Glasberg	NOK	2-04:32 2-04:32	2-06:42 1-02:10	1-08:33 2-01:51	1-10:18 1-01:45	1-12:52 3-02:34	1-24:10 1-11:18	1-27:57 1-03:47	1-29:14 1-01:17	1-33:56 1-04:42	1-35:18 1-01:22	1-42:51 3-07:33	1-45:33 1-02:42	1-46:57 1-01:24	1-48:42 1-01:45	1-49:10 2-00:28	49:07	13:14	Annelie Glasberg
2.	Lina Lindfors	Falken	1-02:53 1-02:53	1-05:21 2-02:28	2-09:45 3-04:24	2-12:09 2-02:24	2-13:41 1-01:32	2-27:45 2-14:04	2-31:59 2-04:14	2-33:46 2-01:47	2-39:58 2-06:12	2-41:32 1-03:40	2-45:12 1-03:40	2-48:32 3-03:20	2-49:59 2-01:27	2-52:05 2-02:06	2-52:34 3-00:29	52:34	14:10	Lina Lindfors
3.	Ida Bäckström	Femman	3-06:40 3-06:40	3-09:13 3-02:33	3-11:03 1-01:50	3-13:35 3-02:32	3-15:07 1-01:32	3-29:35 3-14:28	3-34:10 3-04:35	3-37:46 3-03:36	3-45:54 3-08:08	3-47:37 3-01:43	3-51:34 2-03:57	3-54:48 2-03:14	3-56:21 3-01:33	3-58:42 3-02:21	3-59:09 1-00:27	59:09	15:56	Ida Bäckström

### D20 3,71 km

		1. (146 m)	2. (225 m)	3. (184 m)	4. (177 m)	5. (120 m)	6. (967 m)	7. (316 m)	8. (134 m)	9. (417 m)	10. (105 m)	11. (242 m)	12. (257 m)	13. (118 m)	14. (172 m)	15. (87 m)	Resultat (min/km)			
1.	Thea Kullman	Falken	1-06:44 1-06:44	1-09:50 1-03:06	1-16:30 1-06:40	1-19:15 1-02:45	1-22:11 1-02:56	1-40:34 1-18:23	1-45:41 1-05:07	1-47:42 1-02:01	1-54:07 1-06:25	1-55:36 1-01:29	1-1:01:29 1-05:53	1-1:04:48 1-03:19	1-1:06:45 1-01:57	1-1:08:55 1-02:10	1-1:09:19 1-00:24	1:09:19	18:41	Thea Kullman

### H60 3,34 km

		1. (167 m)	2. (74 m)	3. (281 m)	4. (231 m)	5. (262 m)	6. (125 m)	7. (986 m)	8. (113 m)	9. (166 m)	10. (105 m)	11. (408 m)	12. (118 m)	13. (172 m)	14. (87 m)	Resultat (min/km)			
1.	Tommy Ljöfroth	Malax	8-02:35 8-02:35	8-04:04 8-01:29	5-06:50 1-02:46	4-09:14 1-02:24	4-12:16 3-03:02	3-13:41 2-01:25	1-24:09 2-10:28	1-25:07 1-00:58	2-30:41 8-05:34	1-31:39 1-00:58	1-36:06 4-04:27	1-37:10 1-01:04	1-38:36 3-01:26	1-39:01 6-00:25	39:01	11:40	Tommy Ljöfroth
2.	Mikael Holm	Minken	4-02:13 4-02:13	3-03:13 4-01:00	4-06:25 5-03:12	3-08:58 3-02:33	3-12:10 8-03:44	3-15:54 4-11:42	3-27:36 7-01:25	4-29:01 5-02:11	3-31:12 5-01:09	2-32:21 5-04:47	2-37:08 5-04:19	2-38:27 4-01:19	2-40:37 8-02:10	2-41:00 3-00:23	41:00	12:16	Mikael Holm
3.	Heikki Valibacka	Korttjv	1-01:53 1-01:53	1-02:39 1-00:46	9-09:08 9-06:29	9-12:26 7-03:18	8-15:26 2-03:00	8-17:21 7-01:55	4-27:46 1-10:25	3-28:48 2-01:02	7-34:35 9-05:47	6-35:35 2-01:00	4-39:44 2-04:09	4-41:08 5-01:24	3-42:29 1-01:21	3-42:56 7-00:27	42:56	12:51	Heikki Valibacka
4.	Bo-Göran Sund	NOK	9-02:37 9-02:37	5-03:27 7-03:35	7-07:02 8-03:20	7-10:22 6-03:19	7-13:41 5-01:38	6-15:19 5-13:13	5-28:32 6-01:24	5-29:56 4-01:04	4-32:45 7-02:49	3-33:49 1-01:04	3-39:09 7-05:20	3-40:39 6-01:30	4-42:33 6-01:54	4-42:57 4-00:24	42:57	12:51	Bo-Göran Sund
5.	Heikki Hakala	Korttjv	5-02:18 5-02:18	4-03:17 3-03:03	3-06:20 3-03:03	1-08:46 2-02:26	2-11:53 4-03:07	2-13:32 5-01:39	8-31:27 8-17:55	8-33:16 1-01:50	8-35:06 3-01:02	7-36:08 1-04:05	6-40:13 2-01:07	6-41:20 2-01:24	5-42:44 2-01:24	5-43:05 2-00:21	43:05	12:53	Heikki Hakala
6.	Staffan Portin	Minken	6-02:20 6-02:20	7-03:30 6-01:10	6-06:58 6-03:28	6-09:49 5-02:51	6-13:22 8-03:33	5-15:07 6-01:45	7-30:12 6-15:05	7-31:34 5-01:22	6-33:34 3-02:00	5-34:57 7-01:23	5-39:50 6-04:53	5-41:15 6-01:25	6-43:22 7-02:07	6-43:46 4-00:24	43:46	13:06	Staffan Portin
7.	Eero Hakala	Femman	2-02:05 2-02:05	2-03:10 5-01:05	1-06:15 4-03:05	5-09:36 9-03:21	5-13:07 7-03:31	4-14:29 1-01:22	6-30:01 7-15:32	6-31:14 3-01:13	5-33:20 4-02:06	8-36:10 8-02:50	7-40:23 3-04:13	7-42:23 9-02:00	7-44:02 5-01:39	7-44:22 1-00:20	44:22	13:17	Eero Hakala
8.	Stefan Stubb	Falken	3-02:09 3-02:09	6-03:28 7-01:19	2-06:18 2-02:50	2-08:55 4-02:37	1-11:46 1-02:51	1-13:12 3-01:26	2-24:23 3-11:11	1-27:34 4-01:16	1-27:34 2-01:55	4-34:31 9-06:57	8-43:01 9-08:30	8-44:17 3-01:16	8-45:47 4-01:30	8-46:14 7-00:27	46:14	13:50	Stefan Stubb

Stefan Storvall	Kronan	7-02:30 7-02:30	9-04:43 9-02:13	8-08:29 8-03:46	8-11:21 6-02:52	0-18:43	0-38:18 9-19:35	0-40:13 9-01:55	0-42:43 6-02:30	0-44:04 6-01:21	0-51:00 8-06:56	0-52:57 8-01:57	0-55:23 9-02:26	0-56:00 9-00:37	Disk.	Stefan Storvall
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### H16 3,34 km

		1. (167 m)	2. (74 m)	3. (281 m)	4. (231 m)	5. (262 m)	6. (125 m)	7. (986 m)	8. (113 m)	9. (166 m)	10. (105 m)	11. (408 m)	12. (118 m)	13. (172 m)	14. (87 m)	Resultat (min/km)		
1. Hannes Sundberg	Minken	4-02:52 4-02:52	3-03:30 1-00:38	1-05:49 1-02:19	1-07:35 1-01:46	1-09:39 1-02:04	1-10:58 1-01:19	1-20:09 1-09:11	1-21:10 1-01:01	1-22:36 1-01:26	1-23:28 1-00:52	1-27:09 2-03:41	1-28:04 2-00:55	1-29:16 1-01:12	1-29:30 1-00:14	29:30	8:49	Hannes Sundberg
2. Petter Åbacka	NOK	2-02:07 2-02:07	2-03:09 3-01:02	2-05:50 2-02:41	2-07:52 2-02:52	2-10:36 2-02:44	2-11:56 3-01:20	2-24:13 2-12:17	2-25:13 1-01:00	2-29:26 3-04:13	2-30:22 2-00:56	2-33:37 1-03:15	2-34:29 1-00:52	2-35:53 2-01:24	2-36:09 2-00:16	36:09	10:49	Petter Åbacka
3. Sebastian Grankull	Kronan	1-02:02 1-02:02	1-02:50 2-00:48	3-12:10 3-09:20	3-15:03 3-03:53	3-18:15 3-03:12	3-19:30 1-01:15	3-32:19 3-12:49	3-33:34 4-01:15	3-35:39 2-02:05	3-37:05 4-01:26	3-42:02 3-04:57	3-43:27 3-01:25	3-45:08 3-01:41	3-45:27 3-00:19	45:27	13:36	Sebastian Grankull
4. Johan Yrjans	NOK	3-02:21 3-02:21	4-07:10 4-04:49	4-16:38 4-09:28	4-20:07 4-03:29	4-24:31 4-04:24	4-26:03 4-01:32	4-41:53 4-15:50	4-43:06 3-01:13	4-48:55 4-05:49	4-50:20 3-01:25	4-55:44 4-05:24	4-57:17 4-01:33	4-59:03 4-01:46	4-59:24 4-00:21	59:24	17:47	Johan Yrjans

### D40 3,34 km

		1. (167 m)	2. (74 m)	3. (281 m)	4. (231 m)	5. (262 m)	6. (125 m)	7. (986 m)	8. (113 m)	9. (166 m)	10. (105 m)	11. (408 m)	12. (118 m)	13. (172 m)	14. (87 m)	Resultat (min/km)		
1. Heidi Smeds	NOK	2-02:09 2-02:09	2-03:09 2-01:00	1-06:10 1-03:01	1-09:06 2-02:56	1-12:30 1-03:24	1-14:04 1-01:34	1-28:44 3-14:40	1-29:56 1-01:12	1-31:48 1-01:52	1-32:55 1-01:07	1-37:29 1-04:34	1-39:20 3-01:51	1-41:19 3-01:59	1-41:46 3-00:27	41:46	12:30	Heidi Smeds
2. Ann-Sofie Sundelin	Botnia	1-02:07 1-02:07	1-03:03 1-00:56	3-08:45 4-05:42	3-11:43 4-02:58	2-15:31 2-03:48	2-17:24 2-01:53	2-30:17 1-12:53	2-31:34 2-01:17	2-33:44 2-02:10	2-35:05 3-01:21	2-40:38 4-05:33	2-41:59 2-01:21	2-44:05 4-02:06	2-44:33 4-00:28	44:33	13:20	Ann-Sofie Sundelin
3. Marja Penttilä	KoS	4-03:24 4-03:24	4-04:26 3-01:02	2-08:31 2-04:05	2-11:28 3-02:57	3-15:50 3-04:22	3-17:52 3-02:02	3-32:29 2-14:37	3-33:51 3-01:22	3-36:06 4-02:15	3-37:28 4-01:22	3-42:56 2-05:28	3-44:16 1-01:20	3-45:58 1-01:42	3-46:24 1-00:26	46:24	13:53	Marja Penttilä
4. Annika Sandvik	Falken	3-02:31 3-02:31	3-03:36 4-01:05	5-11:53 5-08:17	5-14:20 1-02:27	5-19:04 5-04:44	5-21:41 3-14:40	4-38:07 4-01:46	4-40:19 3-02:12	4-41:34 3-02:12	4-47:03 3-05:29	4-50:04 5-03:01	4-51:57 2-01:53	4-52:23 1-00:26	52:23	15:41	Annika Sandvik	
Anette Mouts	Femman	5-04:48 5-04:48	5-05:59 5-01:11	4-10:47 3-04:48	4-14:05 5-03:18	4-18:28 4-04:23	4-20:44 4-02:16	5-40:35 5-19:51	5-42:31 5-01:56	0-46:02	0-1:03:11	0-1:05:31	0-1:08:02	0-1:08:33	5:00:31	Disk.	Anette Mouts	

### D45 3,34 km

		1. (167 m)	2. (74 m)	3. (281 m)	4. (231 m)	5. (262 m)	6. (125 m)	7. (986 m)	8. (113 m)	9. (166 m)	10. (105 m)	11. (408 m)	12. (118 m)	13. (172 m)	14. (87 m)	Resultat (min/km)		
1. Mia Smeds	NOK	1-02:00 1-02:00	1-02:49 1-00:49	1-06:04 1-03:15	1-08:53 1-02:49	1-11:48 1-02:55	1-13:43 1-01:55	1-25:56 1-12:13	1-27:14 1-01:18	1-29:18 1-02:04	1-30:33 1-01:15	1-34:53 1-04:20	1-35:58 1-01:05	1-37:44 1-01:46	1-38:09 1-00:25	38:09	11:25	Mia Smeds
2. Jaana Grankull	Kronan	3-04:27 3-04:27	2-05:21 2-00:54	2-08:44 2-03:23	2-12:38 2-03:54	2-16:01 2-03:23	2-19:23 4-03:22	2-36:19 2-16:56	2-37:37 1-01:18	2-39:45 2-02:08	2-41:13 2-01:28	2-48:00 3-06:47	2-49:47 3-01:47	2-51:44 2-01:57	2-52:14 4-00:30	52:11	15:37	Jaana Grankull
3. Päivi Cainberg	Botnia	2-04:12 2-04:12	3-06:09 4-01:57	3-11:45 3-05:36	3-17:50 3-04:43	3-22:33 4-01:43	3-25:11 2-02:38	3-49:59 4-24:48	3-52:01 3-02:02	3-58:33 3-06:32	3-1:00:15 3-01:42	3-1:09:22 4-09:07	3-1:15:11 4-05:49	3-1:20:37 4-05:26	3-1:21:03 2-00:26	1:21:03	24:15	Päivi Cainberg
4. Anna-Maj Björkfors	Botnia	4-06:56 4-06:56	4-16:26 3-01:14	4-16:26 4-08:16	4-21:30 3-05:04	4-26:55 4-05:25	4-29:42 3-02:47	4-54:08 3-24:26	4-58:08 4-04:00	4-1:11:01 4-12:53	4-1:13:38 4-02:37	4-1:20:18 2-06:40	4-1:22:03 2-01:45	4-1:26:31 3-04:28	4-1:26:58 3-00:27	1:26:58	26:02	Anna-Maj Björkfors

### D18 3,34 km

		1. (167 m)	2. (74 m)	3. (281 m)	4. (231 m)	5. (262 m)	6. (125 m)	7. (986 m)	8. (113 m)	9. (166 m)	10. (105 m)	11. (408 m)	12. (118 m)	13. (172 m)	14. (87 m)	Resultat (min/km)		
1. Linn Löfqvist	Femman	2-04:58 2-04:58	2-05:49 1-00:51	2-09:03 1-03:14	1-11:33 1-02:30	2-17:03 2-05:30	2-18:54 2-01:51	1-32:51 1-13:57	1-33:58 1-01:07	1-37:19 1-03:21	1-38:30 1-01:11	1-43:05 1-04:35	1-44:28 1-01:23	1-46:04 1-01:36	1-46:32 2-00:28	46:29	13:55	Linn Löfqvist
2. Isabella Enlund	Femman	1-03:25 1-03:25	1-04:38 2-01:13	1-08:54 2-04:16	2-12:52 1-03:58	1-16:39 1-03:47	1-18:10 1-01:31	2-33:38 2-15:28	2-35:55 2-02:17	2-40:39 2-04:44	2-42:13 1-01:34	2-47:28 3-05:15	2-49:11 2-01:43	2-51:10 2-01:59	2-51:31 1-00:21	51:31	15:25	Isabella Enlund

### H65 3,02 km

		1. (146 m)	2. (225 m)	3. (184 m)	4. (148 m)	5. (123 m)	6. (985 m)	7. (113 m)	8. (166 m)	9. (105 m)	10. (408 m)	11. (134 m)	12. (158 m)	13. (87 m)	Resultat (min/km)		
1. Eero Hautala	KortJV	1-02:36 1-02:36	2-07:12 5-04:36	2-09:12 3-02:00	2-10:48 1-01:36	2-12:11 2-01:23	1-24:01 3-11:50	1-25:34 1-01:33	1-27:51 3-02:17	1-29:03 1-01:12	1-34:39 3-05:36	1-36:02 1-01:23	1-38:06 3-02:04	1-38:34 5-00:28	38:34	12:46	Eero Hautala
2. Henrik Ena	Falken	3-05:08 3-05:08	3-07:37 1-02:29	3-09:36 2-01:59	3-12:23 6-02:47	3-13:43 1-01:20	2-25:18 1-11:35	2-27:15 4-01:57	2-29:16 1-02:01	2-30:41 2-01:25	2-35:02 1-04:21	2-36:38 2-01:36	2-38:51 5-02:13	2-39:18 3-00:27	39:18	13:00	Henrik Ena
3. Fjalar Henriksson	Falken	4-08:21 4-08:21	4-11:24 4-03:03	4-13:20 1-01:56	4-15:33 4-02:13	4-17:03 3-01:30	4-28:47 2-11:44	4-30:31 3-01:44	4-32:32 1-02:01	4-34:00 3-01:28	3-38:39 2-04:39	3-40:24 4-01:45	3-42:14 1-01:50	3-42:40 1-00:26	42:40	14:07	Fjalar Henriksson
4. Kalev Ruberg	EST	2-03:04 2-03:04	1-05:48 2-02:44	1-07:53 4-02:05	1-10:13 5-02:20	1-11:53 4-01:40	3-27:14 5-15:21	3-28:50 2-01:36	3-31:27 4-02:37	3-33:18 6-01:51	4-39:02 4-05:44	4-40:51 5-01:49	4-43:13 6-02:22	4-43:40 3-00:27	43:40	14:27	Kalev Ruberg
5. Torbjörn Ahlskog	Botnia	5-09:40 5-09:40	5-12:29 3-02:49	5-14:51 5-02:22	5-17:00 3-02:09	5-18:48 6-01:48	5-33:25 4-14:37	5-35:49 5-02:24	5-38:44 5-02:55	5-40:12 3-01:28	5-47:08 6-06:56	5-49:19 6-02:11	5-51:20 2-02:01	5-51:49 6-00:29	51:49	17:09	Torbjörn Ahlskog
6. Eero Palomäki	Femman	6-11:29 6-11:29	6-16:05 5-04:36	6-19:03 6-02:58	6-21:06 2-02:03	6-22:51 5-01:45	6-40:13 6-17:22	6-44:38 6-04:25	6-51:52 6-05:36	6-51:53 5-01:39	6-58:10 5-06:17	6-59:51 3-01:41	6-1:01:59 4-02:08	6-1:02:25 1-00:26	1:02:22	20:39	Eero Palomäki

### D50 3,02 km

		1. (146 m)	2. (225 m)	3. (184 m)	4. (148 m)	5. (123 m)	6. (985 m)	7. (113 m)	8. (166 m)	9. (105 m)	10. (408 m)	11. (134 m)	12. (158 m)	13. (87 m)	Resultat (min/km)		
1. Yvonne Backman	Falken	1-01:57 1-01:57	1-04:24 1-02:27	1-06:41 5-02:17	1-08:43 1-02:02	1-10:09 1-01:26	1-23:53 1-13:44	1-25:07 2-01:14	1-32:10 6-07:03	1-33:24 1-01:14	1-38:51 2-05:27	1-40:36 2-01:45	1-42:31 2-01:55	1-42:56 1-00:25	42:56	14:12	Yvonne Backman
2. Pia Bergström	Kristina	3-03:03 3-03:03	3-06:18 5-03:15	3-08:22 4-02:04	2-10:46 3-02:24	2-12:30 5-01:44	2-29:55 4-17:25	2-32:23 6-02:28	2-34:10 1-01:47	2-35:29 1-01:19	2-40:52 1-05:23	2-42:51 3-01:59	2-45:32 5-02:41	2-46:00 5-00:28	46:00	15:13	Pia Bergström
3. Lilian Björndahl	Falken	5-06:22 5-06:22	5-09:18 3-02:56	4-11:21 3-02:03	4-13:37 2-02:16	4-15:20 4-01:43	4-31:43 3-16:23	4-33:28 4-01:45	3-35:35 3-02:07	3-36:55 3-01:20	3-42:36 4-05:41	3-45:00 6-02:24	3-47:26 3-02:26	3-47:53 3-00:27	47:53	15:51	Lilian Björndahl
4. Kati Nynäs	Botnia	2-02:45 2-02:45	2-05:29 2-02:44	2-07:23 1-01:54	3-11:16 6-03:53	3-12:54 2-01:38	3-31:13 5-18:19	3-32:26 1-01:13	4-36:43 5-04:17	4-38:14 5-01:31	4-44:09 5-05:55	4-45:47 1-01:38	4-47:35 1-01:48	4-48:00 1-00:25	48:00	15:53	Kati Nynäs
5. Päivi Torrkulla	Femman	6-10:25 6-10:25	6-13:36 4-03:11	6-15:30 1-01:54	6-19:21 5-03:51	6-20:59 2-01:38	5-36:04 2-15:05	5-37:41 3-01:37	5-39:46 2-02:05	5-41:10 4-01:24	5-46:45 3-05:35	5-49:03 5-02:18	5-51:34 4-02:31	5-52:01 3-00:27	52:01	17:13	Päivi Torrkulla
6. Tina Udell	Solf	4-03:32 4-03:32	4-07:39 6-04:07	5-12:01 6-04:22	5-14:51 4-02:50	5-17:07 6-02:16	6-40:11 6-23:04	6-42:33 5-02:22	6-46:28 4-03:55	6-48:41 6-02:13	6-56:03 6-07:22	6-58:19 4-02:16	6-1:01:08 6-02:49	6-1:01:38 6-00:30	1:01:38	20:24	Tina Udell

### D16 3,02 km

		1. (146 m)	2. (225 m)	3. (184 m)	4. (148 m)	5. (123 m)	6. (985 m)	7. (113 m)	8. (166 m)	9. (105 m)	10. (408 m)	11. (134 m)	12. (158 m)	13. (87 m)	Resultat (min/km)			
1.	Elin Lillhonga	GIF	1-02:05 1-02:05	1-04:38 3-02:33	1-06:32 1-01:54	1-08:14 2-01:42	1-09:37 2-01:23	1-25:40 4-16:03	1-27:00 2-01:20	1-30:38 3-03:38	1-31:41 1-01:03	1-37:11 4-05:30	1-39:20 4-02:09	1-40:46 1-01:26	1-41:07 2-00:21	41:07	13:36	Elin Lillhonga
2.	Thelma Backlund	Femman	4-04:51 4-04:51	3-07:29 4-02:38	2-09:34 3-02:05	2-11:50 5-02:16	3-15:07 4-03:17	2-27:56 1-12:49	2-30:34 4-02:38	2-33:28 5-02:54	2-34:48 4-01:20	2-39:25 1-04:37	2-41:03 1-01:38	2-42:45 4-01:42	2-43:05 1-00:20	43:05	14:15	Thelma Backlund
3.	Jessica Westerlund	Falken	5-06:11 5-06:11	4-08:43 2-02:32	4-10:47 2-02:04	3-12:26 1-01:39	2-13:47 1-01:21	3-29:24 3-15:37	3-30:55 3-01:31	3-34:53 4-03:58	3-36:05 3-01:12	3-41:15 3-05:10	3-43:22 3-02:07	3-45:23 5-02:01	3-45:45 3-00:22	45:45	15:08	Jessica Westerlund
4.	Lotta Vähäsyrinki	NiS	2-04:32 2-04:32	2-06:57 1-02:25	3-10:44 4-03:47	4-12:44 3-02:00	4-17:02 5-04:18	5-36:00 5-18:58	4-37:09 1-01:09	4-38:58 1-01:49	4-40:05 2-01:07	4-46:39 5-06:34	4-53:16 5-06:37	4-54:56 3-01:40	4-55:18 3-00:22	55:18	18:18	Lotta Vähäsyrinki
	Ida Norrgård	Femman	3-04:47 3-04:47	5-08:45 5-03:58	5-13:58 5-05:13	5-16:01 4-02:03	5-17:46 3-01:45	4-32:03 2-14:17		0-38:14	0-40:27 5-02:13	0-45:26 2-04:59	0-47:09 2-01:43	0-48:44 2-01:35	0-49:12 5-00:28	Disk.		Ida Norrgård

### H70 2,53 km

		1. (342 m)	2. (205 m)	3. (123 m)	4. (967 m)	5. (113 m)	6. (103 m)	7. (257 m)	8. (134 m)	9. (158 m)	10. (87 m)	Resultat (min/km)				
1.	Allan Hattar	Falken	1-04:19 1-04:19	1-06:59 1-02:40	1-08:37 2-01:38	1-21:25 2-12:48	1-22:46 1-01:21	1-24:53 4-02:07	1-27:53 1-03:00	1-29:45 6-01:52	1-32:07 6-02:22	32:32	12:51	Allan Hattar		
2.	Seppo Hartvik	Malax	2-04:52 2-04:52	2-07:42 4-02:50	2-09:27 4-01:45	2-22:05 1-12:38	2-23:31 3-01:26	2-25:22 2-01:51	2-28:57 5-03:35	2-30:49 6-01:52	2-32:59 2-02:10	33:29	13:14	Seppo Hartvik		
3.	Kaarlo Eno	TeuRi	5-05:27 5-05:27	4-08:10 2-02:43	3-09:42 1-01:32	3-23:52 3-14:10	3-25:16 2-01:24	3-26:52 1-01:36	3-30:22 4-03:30	3-32:09 4-01:47	3-34:40 8-02:31	35:06	13:52	Kaarlo Eno		
4.	Kari Pienimäki	RaJu						4-31:02	4-32:37 1-01:35	4-35:01 7-02:24	4-35:30 4-00:29	35:30	14:01	Kari Pienimäki		
5.	Rolf-Erik Sundelin	GIF	4-05:07 4-05:07	3-07:52 3-02:45	3-09:42 7-01:50	4-24:14 4-14:32	4-26:28 9-02:14	4-30:51 9-04:23	5-34:11 3-03:20	5-35:47 3-01:36	5-38:03 4-02:16	38:30	15:13	Rolf-Erik Sundelin		
6.	Mats Svedström	NOK	3-04:59 3-04:59	5-09:19 9-04:20	5-11:08 6-01:49	5-26:09 5-15:01	5-27:35 3-01:26	5-31:47 8-04:12	6-35:01 2-03:14	6-36:50 5-01:49	6-39:03 3-02:13	39:33	15:37	Mats Svedström		
7.	Tage Torrkulla	Botnia	9-08:43 9-08:43	9-12:07 5-03:24	9-13:54 5-01:47	8-31:44 8-17:50	8-33:21 5-01:37	7-35:34 5-02:13	8-39:16 6-03:42	7-40:51 1-01:35	7-43:24 9-02:33	43:53	17:20	Tage Torrkulla		
8.	Henrik Nylund	Falken	8-07:16 8-07:16	7-10:57 7-03:41	7-13:09 8-02:12	6-30:10 7-17:01	6-32:23 8-02:13	6-34:40 6-02:17	7-39:13 9-04:33	8-43:22 11-04:09	8-45:43 5-02:21	46:14	18:16	Henrik Nylund		
9.	Sune Lind	Falken	10-09:42 10-09:42	10-13:22 6-03:40	10-15:35 9-02:13	7-31:19 6-15:44	7-33:03 6-01:44	10-42:15 10-05:05	10-44:40 8-04:07	10-44:40 10-02:25	9-46:45 1-02:05	47:18	18:41	Sune Lind		
10.	Bengt Lövsund	Botnia	7-06:54 7-06:54	8-11:31 10-04:37	8-13:14 3-01:43	10-34:13 10-20:59	9-36:04 7-01:51	8-38:08 3-02:04	9-41:56 7-03:48	9-44:18 8-02:22	10-47:33 11-03:15	48:08	19:01	Bengt Lövsund		
11.	Johnny Örn	Femman	6-06:35 6-06:35	6-10:40 8-04:05	6-13:04 10-02:24	9-33:42 9-20:38	10-36:14 10-02:32	10-39:15 7-03:01	11-43:52 10-04:37	11-46:15 9-02:23	11-49:29 10-03:14	50:02	19:46	Johnny Örn		

### D55 2,53 km

		1. (342 m)	2. (205 m)	3. (123 m)	4. (967 m)	5. (113 m)	6. (103 m)	7. (257 m)	8. (134 m)	9. (158 m)	10. (87 m)	Resultat (min/km)					
1.	Eija Blomqvist	Femman	2-04:50 2-04:50	3-08:34 3-03:44	2-10:12 3-01:38	1-22:59 1-12:47	1-24:25 2-01:26	1-27:20 4-02:55	1-30:21 2-03:01	1-31:55 1-01:34	1-34:03 3-02:08	34:30	13:38	Eija Blomqvist			
2.	Ann-christine Elvström	Falken	4-04:57 4-04:57	1-07:53 1-02:56	3-10:41 5-02:48	2-27:23 3-16:42	2-28:52 3-01:29	2-31:57 5-03:05	2-35:39 4-03:42	2-40:08 7-04:29	2-42:04 2-01:56	42:34	16:49	Ann-christine Elvström			
3.	Sigbritt Jakobsson	Femman	5-06:50 5-06:50	4-10:03 2-03:13	4-12:06 4-02:03	3-28:52 4-16:46	3-30:45 4-01:53	3-32:51 2-02:06	3-36:43 5-03:52	3-40:21 4-03:38	3-42:29 3-02:08	42:58	16:58	Sigbritt Jakobsson			
4.	Ingela Wärnman	Falken	1-04:34 1-04:34	2-08:22 4-03:48	1-09:50 1-01:28	4-33:44 7-23:54	4-35:09 1-01:25	4-36:59 1-01:50	4-39:59 1-03:00	4-41:45 2-01:46	4-43:23 1-01:38	43:48	17:18	Ingela Wärnman			
5.	Annika Strandberg	Femman	3-04:52 3-04:52	7-18:58 7-14:06	6-20:31 2-01:33	5-34:15 2-13:44	5-36:15 5-02:00	5-39:28 6-03:13	5-42:56 3-03:28	5-44:49 3-01:53	5-47:19 5-02:30	47:46	18:52	Annika Strandberg			
6.	Elisabeth Granlund	Minken	6-07:08 6-07:08	5-12:00 6-04:52	5-14:59 6-02:59	6-36:17 6-21:18	6-38:25 7-02:08	6-41:06 3-02:41	6-45:37 7-04:31	6-49:59 6-04:22	6-52:58 7-02:59	6-53:34	53:31	21:09	Elisabeth Granlund		
7.	Virpi Snickars	Solf	7-08:11 7-08:11	6-12:51 5-04:40	7-24:17 7-11:26	7-43:55 5-19:38	7-45:58 6-02:03	7-10:47 7-17:49	7-10:08 6-04:23	7-11:57 5-03:47	7-14:44 6-02:47	1:15:19	29:46	Virpi Snickars			

### D60 2,53 km

		1. (342 m)	2. (205 m)	3. (123 m)	4. (967 m)	5. (113 m)	6. (103 m)	7. (257 m)	8. (134 m)	9. (158 m)	10. (87 m)	Resultat (min/km)				
1.	Britt-Marie Mylläri	NOK	1-05:13 1-05:13	3-19:33 3-14:20	3-21:18 1-01:45	2-38:55 2-17:37	2-41:02 2-02:07	1-42:55 1-01:53	1-46:35 1-03:40	1-48:38 1-02:03	1-51:15 2-02:37	51:40	20:25	Britt-Marie Mylläri		
2.	Maria Sund	NOK	2-06:34 2-06:34	1-10:54 1-04:20	1-15:43 3-04:49	1-31:46 1-16:03	1-33:58 3-02:12	2-45:04 3-11:06	2-49:16 2-04:12	2-51:36 2-02:20	2-53:57 1-02:21	54:31	21:32	Maria Sund		
3.	Rose-Maj Friman	Solf	3-08:44 3-08:44	2-13:15 2-04:31	2-17:22 2-04:07	3-43:04 3-25:42	3-45:04 1-02:00	3-47:41 2-02:37	3-52:03 3-04:22	3-55:09 3-03:06	3-57:50 3-02:41	58:19	23:03	Rose-Maj Friman		

### H75 1,84 km

		1. (167 m)	2. (74 m)	3. (281 m)	4. (231 m)	5. (262 m)	6. (125 m)	7. (227 m)	8. (342 m)	9. (87 m)	Resultat (min/km)				
1.	Erkki Koivukangas	KoS									28:30	15:29	Erkki Koivukangas		
2.	Vesa Kätkä	Reima	3-02:51 3-02:51	3-04:11 3-01:20	3-08:44 2-04:33	2-12:56 6-04:12	2-18:07 6-05:11	2-20:23 1-02:16	2-22:46 2-02:23	1-28:17 7-05:31	2-28:47 2-00:30	28:47	15:38	Vesa Kätkä	
3.	Sven Eklund	NOK	1-02:46 1-02:46	1-04:03 2-01:17	6-10:57 8-06:54	6-14:31 1-03:34	4-18:43 2-04:12	4-21:15 2-02:32	3-24:03 4-02:48	2-28:34 3-04:31	2-29:05 4-00:31	29:05	15:48	Sven Eklund	
4.	Sven-Olof Backman	Falken									29:06	15:48	Sven-Olof Backman		

5.	Torvald Haldin	Femman	6-03:08 6-03:08	5-05:31 8-02:23	4-10:16 4-04:45	3-14:08 4-03:52	3-18:34 3-04:26	3-21:14 4-02:40	4-24:41 6-03:27	3-29:39 4-04:58	3-30:13 7-00:34	30:13	16:25	Torvald Haldin
6.	Björn Forsén	NOK	4-02:56 4-02:56	4-04:38 5-01:42	1-08:32 1-03:54	1-12:06 1-03:34	1-16:05 1-03:59	1-19:06 6-03:01	1-21:52 3-02:46	4-29:58 9-08:06	4-30:28 2-00:30	30:28	16:33	Björn Forsén
7.	Henry Byskata	Femman	7-03:22 7-03:22	5-05:31 7-02:09	5-10:40 5-05:09	5-14:29 3-03:49	6-19:14 4-04:45	5-22:07 5-02:53	5-25:46 7-03:39	5-30:50 5-05:04	5-31:23 5-00:33	31:23	17:03	Henry Byskata
8.	Kaj Forsén	Terjärv	2-02:50 2-02:50	7-05:38 9-02:48	7-11:12 6-05:34	8-15:46 7-04:34	7-22:42 8-06:56	6-26:08 8-03:26	6-29:29 5-03:21	6-33:41 2-04:12	6-34:14 5-00:33	34:14	18:36	Kaj Forsén
9.	Henry Lågland	Malax	5-03:03 5-03:03	2-04:06 1-01:03	2-08:41 3-04:35	4-14:13 8-05:32	5-19:04 5-04:51	7-28:26 9-09:22	7-30:48 1-02:22	7-34:29 1-03:41	7-34:55 1-00:26	34:55	18:58	Henry Lågland
10.	Ralf Skåtar	Minken	9-04:31 9-04:31	9-06:19 6-01:48	9-13:13 8-06:54	9-22:20 9-09:07	8-28:52 7-06:32	8-32:12 7-03:20	8-37:28 9-05:16	8-43:10 8-05:42	8-44:08 9-00:58	44:05	23:57	Ralf Skåtar
11.	Roy Torrkulla	Minken	8-04:14 8-04:14	8-05:48 4-01:34	8-11:34 7-05:46	7-15:26 4-03:52	9-34:01 9-18:35	9-36:39 3-02:38	9-41:45 8-05:06	9-47:06 6-05:21	9-47:42 8-00:36	47:42	25:55	Roy Torrkulla

#### D65 1,84 km

			1. (167 m)	2. (74 m)	3. (281 m)	4. (231 m)	5. (262 m)	6. (125 m)	7. (227 m)	8. (342 m)	9. (87 m)	Resultat (min/km)		
1.	Berit Tunis	Femman	1-05:20 1-05:20	1-07:18 1-01:58	1-12:08 1-04:50	1-18:53 1-06:45	1-23:29 1-04:36	1-26:05 1-02:36	1-29:46 1-03:41	1-34:19 1-04:33	1-34:54 1-00:35	34:54	18:58	Berit Tunis

#### D70 1,84 km

			1. (167 m)	2. (74 m)	3. (281 m)	4. (231 m)	5. (262 m)	6. (125 m)	7. (227 m)	8. (342 m)	9. (87 m)	Resultat (min/km)		
1.	Gunilla Björklund	Falken	1-02:42 1-02:42	1-03:44 1-01:02	1-07:46 1-04:02	1-13:05 3-05:19	1-16:54 1-03:49	1-20:55 3-04:01	1-24:05 1-03:10	1-27:51 1-03:46	1-28:15 1-00:24	28:15	15:21	Gunilla Björklund
2.	Kirsti Kattilakoski	KoS	2-03:20 2-03:20	2-04:35 2-01:15	2-09:57 2-05:22	2-13:53 1-03:56	2-19:39 3-05:46	2-22:10 2-02:31	2-25:30 2-03:20	2-29:54 2-04:24	2-30:28 3-00:34	30:28	16:33	Kirsti Kattilakoski
3.	Bodil Fred	Femman	3-03:32 3-03:32	3-04:53 3-01:21	4-16:07 4-11:14	3-20:27 2-04:20	3-25:16 2-04:49	3-27:41 1-02:25	3-31:21 4-03:40	3-36:45 3-05:24	3-37:22 4-00:37	37:19	20:16	Bodil Fred
4.	Monica Eriksson-Kronberg	Femman	4-05:11 4-05:11	4-07:55 4-02:44	3-14:59 3-07:04	4-21:10 4-06:11	4-29:11 4-08:01	4-34:21 4-05:10	4-37:50 3-03:29	4-44:08 4-06:18	4-44:40 2-00:32	44:40	24:16	Monica Eriksson-Kronberg

#### H80 1,50 km

			1. (146 m)	2. (225 m)	3. (184 m)	4. (148 m)	5. (106 m)	6. (227 m)	7. (342 m)	8. (87 m)	Resultat (min/km)		
1.	Voitto Erkinheimo	KortJV	3-05:45 3-05:45	2-08:30 1-02:45	1-10:41 1-02:11	1-12:50 1-02:09	1-14:58 2-02:08	1-17:27 1-02:29	1-21:27 1-04:00	1-21:50 1-00:23	21:50	14:33	Voitto Erkinheimo
2.	Lars Sandgren	NOK	2-03:14 2-03:14	3-09:37 3-06:23	3-13:27 2-03:50	3-16:29 2-03:02	3-18:36 1-02:07	2-21:59 2-03:23	2-27:16 3-05:17	2-27:46 2-00:30	27:46	18:30	Lars Sandgren
3.	Mauri Lähdekorpi	Femman	1-02:57 1-02:57	1-06:20 2-03:23	2-10:57 3-04:37	2-15:31 3-04:34	2-17:57 3-02:26	3-26:33 4-08:36	3-31:33 2-05:00	3-32:26 3-00:53	32:26	21:37	Mauri Lähdekorpi
4.	Kurt Gunell	Falken									37:43	25:08	Kurt Gunell
5.	Jaakko Teppo	GIF	4-10:55 4-10:55	4-18:46 4-07:51	4-29:05 4-10:19	4-38:12 4-09:07	4-48:58 4-10:46	4-57:29 3-08:31	4-1:12:05 4-14:36	4-1:13:25 4-01:20	1:13:25	48:56	Jaakko Teppo

#### D75 1,50 km

			1. (146 m)	2. (225 m)	3. (184 m)	4. (148 m)	5. (106 m)	6. (227 m)	7. (342 m)	8. (87 m)	Resultat (min/km)		
1.	Anne Stoor	KoS	1-03:20 1-03:20	1-07:44 5-04:24	1-10:48 3-03:04	1-14:22 4-03:34	1-17:14 5-02:52	1-20:48 2-03:34	1-25:43 1-04:55	1-26:14 2-00:31	26:14	17:29	Anne Stoor
2.	Kaija Lähdekorpi	Femman	5-23:06:02 5-23:06:02	5-23:10:18 4-04:16	5-23:13:21 2-03:03	5-23:16:03 1-02:42	5-23:18:30 2-02:27	5-23:22:06 3-03:36	5-23:27:06 2-05:00	5-23:27:38 3-00:32	27:37	18:24	Kaija Lähdekorpi
3.	Brita Forsman	Falken	3-04:55 3-04:55	3-09:00 3-04:05	3-17:54 5-08:54	3-21:07 2-03:13	3-23:35 3-02:28	3-27:19 4-03:44	2-33:24 4-06:05	2-34:22 5-00:58	34:22	22:54	Brita Forsman
4.	Ann-Mari Sandgren	NOK	2-04:22 2-04:22	2-08:02 1-03:40	2-11:03 1-03:01	2-19:01 5-07:58	2-21:17 1-02:16	2-24:23 1-03:06	3-37:00 5-12:37	3-37:30 1-00:30	37:30	25:00	Ann-Mari Sandgren
5.	Marianne Wikblom	Minken	4-09:48 4-09:48	4-13:48 2-04:00	4-21:13 4-07:25	4-24:29 3-03:16	4-27:04 4-02:35	4-36:15 5-09:11	4-42:19 3-06:04	4-42:57 4-00:38	42:57	28:38	Marianne Wikblom

#### D80 1,50 km

			1. (146 m)	2. (225 m)	3. (184 m)	4. (148 m)	5. (106 m)	6. (227 m)	7. (342 m)	8. (87 m)	Resultat (min/km)		
1.	Gunvor Lassila	Falken	1-06:23 1-06:23	1-14:15 1-07:52	1-20:27 1-06:12	1-29:05 1-08:38	1-33:31 1-04:26	1-44:12 1-10:41	1-52:52 1-08:40	1-53:43 1-00:51	53:43	35:48	Gunvor Lassila

#### H90 1,20 km

			1. (181 m)	2. (106 m)	3. (314 m)	4. (355 m)	5. (116 m)	6. (87 m)	Resultat (min/km)		
1.	Thor Löfroth	Kronan	1-17:05 1-17:05	1-21:48 1-04:43	1-38:03 1-16:15	1-1:32:02 1-53:59	1-1:38:30 1-06:28	1-1:40:09 1-01:39	1:40:09	1:23:27	Thor Löfroth

#### H14 1,57 km

			1. (359 m)	2. (112 m)	3. (283 m)	4. (147 m)	5. (257 m)	6. (118 m)	7. (172 m)	8. (87 m)	Resultat (min/km)		
1.	Elias Sundberg	Minken	1-01:59 1-01:59	1-03:05 2-01:06	1-05:39 1-02:34	1-07:10 3-01:31	1-09:09 1-01:59	1-09:58 1-00:49	1-11:09 1-01:11	1-11:26 1-00:17	11:26	7:16	Elias Sundberg
2.	Linus Smeds	NOK	2-02:20 2-02:20	2-03:25 1-01:05	3-09:57 5-06:32	3-11:14 1-01:17	2-13:27 2-02:13	2-14:19 2-00:52	2-15:54 2-01:35	2-16:13 2-00:19	16:13	10:19	Linus Smeds

3.	Lucas Granlund	Femman	3-02:26 3-02:26	3-05:14 4-02:48	2-09:46 3-04:32	2-11:11 2-01:25	3-15:56 6-04:45	3-18:04 6-02:08	3-19:40 3-01:36	3-20:04 5-00:24	20:04	12:46	Lucas Granlund
4.	Miska Nikunen	Terjärv	4-03:19 4-03:19	6-07:43 6-04:24	5-11:51 2-04:08	5-13:31 4-01:40	5-17:58 5-04:27	5-19:16 3-01:18	4-20:56 4-01:40	4-21:19 4-00:23	21:19	13:34	Miska Nikunen
5.	Pontus Yrjans	NOK	6-03:48 6-03:48	5-06:45 5-02:57	4-11:31 4-04:46	4-13:30 5-01:59	4-17:04 3-03:34	4-18:30 4-01:26	5-21:17 6-02:47	5-21:38 3-00:21	21:38	13:46	Pontus Yrjans
6.	Rasmus Lindfors	Falken	5-03:34 5-03:34	4-06:21 3-02:47	6-13:49 6-07:28	6-15:55 6-02:06	6-20:08 4-04:13	6-21:41 5-01:33	6-23:43 5-02:02	6-24:09 6-00:26	24:09	15:22	Rasmus Lindfors

#### D14 1,57 km

			1. (359 m)	2. (112 m)	3. (283 m)	4. (147 m)	5. (257 m)	6. (118 m)	7. (172 m)	8. (87 m)	Resultat (min/km)		
1.	Daniela Grankull	Kronan	3-23:02:35 3-23:02:35	3-23:04:15 2-01:40	2-23:08:03 1-03:48	2-23:10:37 4-02:34	2-23:13:31 1-02:54	2-23:15:12 2-01:41	2-23:17:02 1-01:50	2-23:17:22 1-00:20	17:21	11:03	Daniela Grankull
2.	Kajsa Siekkinen	Botnia	4-23:02:38 4-23:02:38	2-23:04:07 1-01:29	3-23:08:29 3-04:22	3-23:10:40 3-02:11	3-23:14:48 3-04:08	3-23:17:03 4-02:15	3-23:19:16 2-02:13	3-23:19:41 3-00:25	19:40	12:31	Kajsa Siekkinen
3.	Lova Storgård	Femman	2-23:02:26 2-23:02:26	5-23:06:18 4-03:52	4-23:10:06 1-03:48	5-23:12:53 5-02:47	4-23:16:40 2-03:47	4-23:18:02 1-01:22	4-23:20:18 3-02:16	4-23:20:51 5-00:33	20:50	13:16	Lova Storgård
4.	Vilja Storgård	Femman	5-23:04:07 5-23:04:07	4-23:06:01 3-01:54	5-23:10:38 4-04:37	4-23:12:46 2-02:08	5-23:17:11 4-04:25	5-23:19:07 3-01:56	5-23:21:34 4-02:27	5-23:22:05 4-00:31	22:04	14:03	Vilja Storgård
5.	Evelina Rynéus	Femman	1-04:08 1-04:08	1-14:56 5-10:48	1-56:18 5-41:22	1-58:07 1-01:49	1-1-02:59 5-04:52	1-1-10:05 5-07:06	1-1-12:59 5-02:54	1-1-13:23 2-00:24	1:13:23	46:44	Evelina Rynéus

#### H13 1,44 km

			1. (181 m)	2. (106 m)	3. (116 m)	4. (213 m)	5. (182 m)	6. (146 m)	7. (259 m)	8. (116 m)	9. (87 m)	Resultat (min/km)		
1.	Jonatan Hautala	Femman	2-23:01:07 2-23:01:07	2-23:01:48 1-00:41	1-23:03:00 2-01:12	1-23:04:40 3-01:40	1-23:05:56 1-01:16	1-23:07:06 3-01:10	1-23:09:42 3-02:36	1-23:11:10 5-01:28	1-23:11:29 1-00:19	11:30	7:59	Jonatan Hautala
2.	Marcus Borgmästars	Femman	3-23:01:12 3-23:01:12	4-23:02:07 4-00:55	3-23:03:15 1-01:08	4-23:05:10 4-01:55	2-23:06:43 2-01:33	2-23:07:58 4-01:15	2-23:11:16 6-03:18	2-23:12:21 3-01:05	2-23:12:45 5-00:24	12:45	8:51	Marcus Borgmästars
3.	Jonne Vähäsöyrinki	NIS	4-23:01:13 4-23:01:13	3-23:02:00 3-00:47	2-23:03:12 2-01:12	2-23:04:51 2-01:39	3-23:08:07 5-03:16	3-23:09:14 2-01:07	3-23:11:44 2-02:30	3-23:12:47 2-01:03	3-23:13:09 3-00:22	13:09	9:07	Jonne Vähäsöyrinki
4.	Isak Norrgård	Femman	5-23:01:24 5-23:01:24	5-23:02:23 5-00:59	5-23:05:06 6-02:43	5-23:07:51 5-02:45	4-23:09:40 3-01:49	4-23:11:09 5-01:29	4-23:13:51 4-02:42	4-23:15:10 4-01:19	4-23:15:33 4-00:23	15:32	10:47	Isak Norrgård
5.	Casper Granlund	NOK	1-23:00:59 1-23:00:59	1-23:01:42 2-00:43	4-23:03:37 4-01:55	3-23:05:03 1-01:26	5-23:12:10 6-07:07	5-23:13:13 1-01:03	5-23:15:18 1-02:05	5-23:16:12 1-00:54	5-23:16:32 2-00:20	16:32	11:28	Casper Granlund
6.	Roni Sjölund	Brahe	6-23:01:37 6-23:01:37	6-23:06:47 6-05:10	6-23:08:57 5-02:10	6-23:12:17 6-03:20	6-23:15:10 4-02:53	6-23:16:58 6-01:48	6-23:20:01 5-03:03	6-23:22:26 6-02:25	6-23:23:04 6-00:38	23:03	16:00	Roni Sjölund

#### D13 1,44 km

			1. (181 m)	2. (106 m)	3. (116 m)	4. (213 m)	5. (182 m)	6. (146 m)	7. (259 m)	8. (116 m)	9. (87 m)	Resultat (min/km)		
1.	Emilia Mitts	Malax	2-23:01:06 2-23:01:06	2-23:01:57 1-00:51	2-23:03:57 1-02:00	2-23:05:58 1-02:01	2-23:07:45 1-01:47	2-23:09:15 1-01:30	2-23:11:43 1-02:28	2-23:13:00 1-01:17	2-23:13:25 2-00:25	13:24	9:18	Emilia Mitts
2.	Nova Enlund	Femman										14:22	9:58	Nova Enlund
3.	Leah Ingberg	NOK										16:21	11:21	Leah Ingberg
4.	Emilia Granholm	Femman										17:00	11:48	Emilia Granholm
5.	Alissa Stolpe	Malax	1-01:16 1-01:16	1-02:18 2-01:02	1-04:32 2-02:14	1-07:26 2-02:54	1-10:34 2-03:08	1-12:56 2-02:22	1-15:58 2-03:02	1-17:22 2-01:24	1-17:45 1-00:23	17:45	12:19	Alissa Stolpe

#### H12 1,29 km

			1. (181 m)	2. (106 m)	3. (314 m)	4. (186 m)	5. (259 m)	6. (116 m)	7. (87 m)	Resultat (min/km)			
1.	Evert Tunis	Femman	1-01:00 1-01:00	1-01:40 1-00:40	1-03:27 1-01:47	1-05:17 1-01:50	1-07:14 1-01:57	1-08:29 1-01:15	1-08:48 3-00:19	08:48	6:49	Evert Tunis	
2.	Emil Haldin	Femman								11:58	9:16	Emil Haldin	
3.	Liam Gulin	NOK	3-01:13 3-01:13	3-02:04 2-00:51	3-04:09 4-02:05	2-06:02 2-01:53	2-10:50 5-04:48	2-12:18 4-01:28	2-12:37 3-00:19	12:37	9:46	Liam Gulin	
4.	Iivo Fränti	LapVi	2-01:03 2-01:03	2-01:54 2-00:51	2-03:52 3-01:58	4-08:32 6-04:40	3-11:40 3-03:08	3-12:59 2-01:19	3-13:18 3-00:19	13:18	10:18	Iivo Fränti	
5.	Emil Skogvik	Kronan	5-01:37 5-01:37	5-03:06 5-01:29	4-05:49 5-02:43	3-08:23 4-02:34	4-15:40 6-07:17	4-17:40 6-02:00	4-17:57 1-00:17	17:57	13:54	Emil Skogvik	
6.	Cornelis Granlund	NOK	4-01:26 4-01:26	4-02:32 4-01:06	5-05:52 6-03:20	6-15:07 7-09:15	5-18:51 4-03:44	5-20:31 5-01:40	5-20:53 6-00:22	20:53	16:11	Cornelis Granlund	
7.	Manu Alasuvanto	KaJu	6-01:56 6-01:56	6-04:23 7-02:27	6-09:25 7-05:02	5-13:51 5-04:26	6-23:51 8-10:00	6-25:55 7-02:04	6-26:25 7-00:30	26:25	20:28	Manu Alasuvanto	
8.	Jonathan Hansell	Femman	7-02:13 7-02:13	7-04:26 6-02:13	7-09:52 8-05:26	7-21:14 8-11:22	7-29:12 7-07:58	8-02:38 8-02:38	7-32:24 8-00:54	32:24	25:06	Jonathan Hansell	
	Carl Nybacka	Kristina		0-01:53	0-03:44 2-01:51	0-05:51 3-02:07	0-08:53 2-03:02	0-10:20 3-01:27	0-10:38 2-00:18	Disk.		Carl Nybacka	

#### D12 1,29 km

			1. (181 m)	2. (106 m)	3. (314 m)	4. (186 m)	5. (259 m)	6. (116 m)	7. (87 m)	Resultat (min/km)			
1.	Klara Smeds	NOK	1-01:17 1-01:17	2-02:10 3-00:53	1-04:11 1-02:01	1-05:54 1-01:43	1-10:41 7-04:47	1-12:01 1-01:20	1-12:24 5-00:23	12:21	9:34	Klara Smeds	

2. Maya Smeds	NOK	4-01:29 4-01:29	6-02:55 7-01:26	5-05:58 5-03:03	4-08:38 4-02:40	2-12:21 1-03:43	2-13:47 2-01:26	2-14:12 8-00:25	14:12	11:00	Maya Smeds
3. Ella Nilsson	Minken	2-01:19 2-01:19	1-02:08 1-00:49	2-04:25 2-02:17	3-08:09 6-03:44	3-12:50 6-04:41	3-14:26 5-01:36	3-14:43 1-00:17	14:43	11:24	Ella Nilsson
4. Meya Karlström	Kronan	7-01:42 7-01:42	5-02:49 5-01:07	4-05:37 4-02:48	2-07:39 2-02:02	4-13:06 9-05:27	4-14:38 4-01:32	4-15:01 5-00:23	15:01	11:38	Meya Karlström
5. Emma Mitts	Malax	3-01:24 3-01:24	3-02:15 2-00:51	3-04:40 3-02:25	6-10:12 7-05:32	5-14:52 4-04:40	5-16:30 7-01:38	5-16:49 3-00:19	16:49	13:02	Emma Mitts
6. Meja Österdahl	Malax	5-01:36 5-01:36	4-02:46 6-01:10	6-07:16 8-04:30	5-09:59 5-02:43	6-15:04 8-05:05	6-16:40 5-01:36	6-17:03 5-00:23	17:03	13:13	Meja Österdahl
7. Linnea Hertsbacka	NOK	9-03:40 9-03:40	8-04:38 4-00:58	9-10:21 9-05:43	7-12:57 3-02:36	7-16:49 2-03:52	7-18:16 3-01:27	7-18:41 8-00:25	18:41	14:28	Linnea Hertsbacka
8. Emma Näs	NOK	6-01:37 6-01:37	7-03:20 8-01:43	7-07:44 6-04:24	8-13:29 8-05:45	8-18:07 3-04:38	8-21:31 9-03:24	8-21:51 4-00:20	21:51	16:56	Emma Näs
9. Annie Kullman	Falken	8-02:30 8-02:30	9-05:23 9-02:53	8-09:48 7-04:25	9-15:33 8-05:45	9-20:13 4-04:40	9-23:35 8-03:22	9-23:53 2-00:18	23:53	18:30	Annie Kullman

#### H10RR 0,96 km

		1. (99 m)	2. (282 m)	3. (232 m)	4. (227 m)	5. (87 m)	Resultat (min/km)				
1. Noah Sved	NOK	8-23:02:15 8-23:02:15	8-23:04:38 2-02:23	7-23:06:56 1-02:18	7-23:09:19 2-02:23	7-23:09:40 1-00:21	09:39	10:03	Noah Sved		
2. Felix Smeds	NOK	1-01:56 1-01:56	1-04:56 4-03:00	2-07:57 3-03:01	1-10:10 1-02:13	1-10:35 3-00:25	10:35	11:01	Felix Smeds		
3. Leo Skogvik	Kronan	7-23:01:28 7-23:01:28	7-23:04:15 3-02:47	8-23:07:30 4-03:15	8-23:10:17 4-02:47	8-23:10:43 5-00:26	10:42	11:08	Leo Skogvik		
4. Einar Tunis	Femman						11:06	11:33	Einar Tunis		
5. Vincent Gulin	NOK						11:08	11:35	Vincent Gulin		
6. Leo Smeds	NOK	3-03:18 3-03:18	2-05:29 1-02:11	1-07:48 2-02:19	2-11:52 7-04:04	2-12:14 2-00:22	12:14	12:44	Leo Smeds		
7. Max Bäckström	Femman	2-02:48 2-02:48	3-05:55 5-03:07	3-09:35 5-03:40	3-12:15 3-02:40	3-12:46 6-00:31	12:46	13:17	Max Bäckström		
8. Amos Sandell	Femman						18:28	19:14	Amos Sandell		
9. Oliver Wikman	Brahe	4-05:14 4-05:14	5-12:33 7-07:19	5-17:12 7-04:39	4-21:03 5-03:51	4-21:28 3-00:25	21:28	22:21	Oliver Wikman		
10. Eelis Hansell	Femman	5-05:58 5-05:58	4-11:46 6-05:48	4-15:26 5-03:40	5-21:40 8-06:14	5-22:28 8-00:48	22:28	23:24	Eelis Hansell		
11. Max Alasuvanto	KaJu	6-07:25 6-07:25	6-18:05 8-10:40	6-23:09 8-05:04	6-27:00 5-03:51	6-27:31 6-00:31	27:31	28:39	Max Alasuvanto		

#### D10RR 0,96 km

		1. (99 m)	2. (282 m)	3. (232 m)	4. (227 m)	5. (87 m)	Resultat (min/km)				
1. Sophia Nybacka	Kristina	1-01:21 1-01:21	1-03:51 2-02:30	1-06:37 2-02:46	1-09:08 3-02:31	1-09:27 1-00:19	09:27	9:50	Sophia Nybacka		
2. Amelie Portin	Minken	2-02:29 2-02:29	3-04:59 2-02:30	2-07:21 1-02:22	2-09:10 1-01:49	2-09:34 3-00:24	09:34	9:57	Amelie Portin		
3. Emma Haldin	Femman	2-02:29 2-02:29	2-04:25 1-01:56	3-08:42 3-04:17	3-11:02 2-02:20	3-11:23 2-00:21	11:23	11:51	Emma Haldin		
4. Elvina Tunis	Femman	4-08:14 4-08:14	4-15:42 4-07:28	4-23:25 4-07:43	4-29:34 4-06:09	4-30:17 4-00:43	30:17	31:32	Elvina Tunis		