

H50 5,06 km

		1. (236 m) [49]	2. (309 m) [45]	3. (331 m) [42]	4. (462 m) [41]	5. (341 m) [75]	6. (767 m) [47]	7. (326 m) [50]	8. (217 m) [54]	9. (232 m) [55]	10. (456 m) [48]	11. (795 m) [61]	12. (203 m) [70]	13. (136 m) [59]	14. (114 m) [M1]	Resultat (min/km)		
1.	Sören Svenlin	Kronan	1-03:01 1-03:01	1-07:07 1-04:06	1-11:27 1-04:20	1-16:47 1-05:20	1-30:59 1-14:12	1-37:23 1-06:24	1-44:26 1-07:03	1-47:14 1-02:48	1-52:59 1-05:45	1-1:01:34 1-08:35	1-1:08:44 1-07:10	1-1:11:42 1-02:58	1-1:12:52 1-01:10	1-1:13:26	14:30	Sören Svenlin

H55 4,35 km

		1. (428 m) [45]	2. (179 m) [44]	3. (173 m) [42]	4. (462 m) [41]	5. (341 m) [75]	6. (401 m) [43]	7. (732 m) [50]	8. (364 m) [55]	9. (685 m) [61]	10. (203 m) [70]	11. (136 m) [59]	12. (114 m) [M1]	Resultat (min/km)			
1.	Rainer Räbb	GIF	1-04:11 1-04:11	1-06:26 1-02:15	1-08:44 1-02:18	1-14:43 1-05:59	1-20:00 1-05:17	1-23:49 1-03:49	1-32:59 1-09:10	1-38:13 1-05:14	1-43:14 1-05:01	1-45:59 1-02:45	1-47:36 1-01:37	1-48:06 1-00:30	48:06	11:03	Rainer Räbb

H60 4,35 km

		1. (428 m) [45]	2. (179 m) [44]	3. (173 m) [42]	4. (462 m) [41]	5. (341 m) [75]	6. (401 m) [43]	7. (732 m) [50]	8. (364 m) [55]	9. (685 m) [61]	10. (203 m) [70]	11. (136 m) [59]	12. (114 m) [M1]	Resultat (min/km)			
1.	Juha Tuomisto	VaaSu	2-04:03 2-04:03	1-05:40 1-01:37	1-07:55 1-02:15	1-12:14 1-04:19	1-16:53 1-04:39	1-21:31 1-07:32	1-29:03 1-06:37	1-35:40 3-05:49	1-41:29 1-43:43	1-44:42 1-02:14	1-45:11 1-00:29	45:11	10:23	Juha Tuomisto	
2.	Stefan Stubb	Falken	3-04:14 3-04:14	4-06:39 4-02:25	4-09:17 2-02:38	2-15:33 2-06:16	2-20:22 2-04:49	2-25:21 2-04:59	2-34:17 2-08:56	2-40:04 3-05:47	2-46:25 4-06:21	2-49:16 2-02:51	2-50:27 4-01:11	2-50:57 2-00:30	50:57	11:42	Stefan Stubb
3.	Mikael Bäck	Femman	4-04:19 4-04:19	3-06:07 3-01:48	3-09:57 4-02:50	3-18:31 3-09:34	3-28:05 4-09:34	3-34:02 3-05:57	3-46:58 4-12:56	3-51:26 1-04:28	3-56:55 2-05:29	3-1:00:59 3-04:04	3-1:02:07 3-01:08	3-1:02:44 4-00:37	1:02:44	14:25	Mikael Bäck
4.	Tommy Löfroth	Malax	1-03:55 1-03:55	2-05:41 2-01:46	2-08:21 3-02:40	4-21:37 4-13:16	4-30:12 3-08:35	4-36:17 4-06:05	4-49:02 3-12:45	4-53:41 2-04:39	4-58:48 1-05:07	4-1:02:55 4-04:07	4-1:03:59 2-01:04	4-1:04:31 3-00:32	1:04:31	14:49	Tommy Löfroth

H70 2,98 km

		1. (298 m) [46]	2. (356 m) [42]	3. (681 m) [47]	4. (236 m) [48]	5. (305 m) [45]	6. (518 m) [52]	7. (195 m) [70]	8. (136 m) [59]	9. (114 m) [M1]	Resultat (min/km)					
1.	Sven Eklund	NOK	5-05:32 5-05:32	4-12:35 4-07:03	4-25:48 4-13:13	2-30:06 1-04:18	3-34:23 5-04:17	2-42:14 3-07:51	1-45:28 1-03:14	1-47:00 1-01:32	1-47:39 4-00:39	47:39	15:59	Sven Eklund		
2.	Rolf-Erik Sundelin	GIF	4-04:59 4-04:59	2-11:45 3-06:46	1-18:12 1-06:27	4-31:44 6-13:32	4-35:09 2-03:25	1-41:46 1-06:37	2-46:29 5-04:43	2-51:37 6-05:08	2-52:16 4-00:39	52:16	17:32	Rolf-Erik Sundelin		
3.	Henrik Nylund	Falken	8-06:31 8-06:31	6-15:49 6-09:18	5-27:36 3-11:47	5-32:09 3-04:33	5-36:35 6-04:26	3-45:37 4-09:02	5-50:54 6-05:17	3-52:27 2-01:33	3-53:07 6-00:40	53:07	17:49	Henrik Nylund		
4.	Håkan Björklund	Falken	3-04:53 3-04:53	1-09:25 1-04:32	3-24:40 5-15:15	1-28:58 1-04:18	1-32:24 3-03:26	4-46:13 6-13:49	4-50:34 4-04:21	4-54:01 5-03:27	4-54:34 1-00:33	54:34	18:18	Håkan Björklund		
5.	Bo Österbacka	Minken	2-04:38 2-04:38	7-17:52 7-13:14	2-24:20 2-06:28	3-31:03 4-06:43	2-34:22 1-03:19	5-47:02 5-12:40	3-50:28 3-03:26	5-57:09 7-06:41	5-57:47 3-00:38	57:47	19:23	Bo Österbacka		
6.	Håkan Rauma	Botnia	7-06:03 7-06:03	5-13:56 5-07:53	6-31:57 6-18:01	6-42:34 5-10:37	6-46:35 4-04:01	6-53:17 2-06:42	6-59:23 7-06:06	6-1:01:03 4-01:40	6-1:01:40 2-00:37	1:01:40	20:41	Håkan Rauma		
	Mats Svedström	NOK	1-04:35 1-04:35											Avbr.		Mats Svedström
	Tage Torrkulla	Botnia	6-05:47 6-05:47	3-11:53 2-06:06	7-34:59 7-23:06		0-48:58	0-52:12 1-03:14	0-53:50 3-01:38	0-54:34 7-00:44				Avbr.		Tage Torrkulla

D12 1,73 km

		1. (104 m) [72]	2. (134 m) [71]	3. (108 m) [73]	4. (454 m) [52]	5. (330 m) [74]	6. (258 m) [70]	7. (136 m) [59]	8. (114 m) [M1]	Resultat (min/km)			
1.	Daniela Grankull	Kronan	1-01:33 1-01:33	1-02:36 1-01:03	1-04:42 3-02:06	1-08:43 2-04:01	1-11:23 1-02:40	1-13:59 1-02:36	1-14:52 1-00:53	1-15:16 1-00:24	15:16	8:49	Daniela Grankull
2.	Agnes Sundvik	Minken	5-03:20 5-03:20	4-04:44 2-01:24	2-06:29 1-01:45	2-10:10 1-03:41	2-12:55 2-02:45	2-15:53 2-02:58	2-17:31 5-01:38	2-17:55 1-00:24	17:55	10:21	Agnes Sundvik
3.	Kajsa Siekkinen	Botnia	2-01:45 2-01:45	5-05:21 6-03:36	5-07:56 4-02:35	3-19:29 4-11:33	3-24:32 3-05:03	3-28:12 3-03:40	3-29:22 2-01:10	3-29:53 3-00:31	29:53	17:16	Kajsa Siekkinen
4.	Emilia Granholm	Femman	6-03:51 6-03:51	6-07:25 5-03:34	6-10:06 5-02:41	4-21:35 3-11:29	4-26:57 4-05:22	4-31:04 5-04:07	4-32:19 3-01:15	4-32:50 3-00:31	32:50	18:58	Emilia Granholm
5.	Nova Enlund	Femman	4-03:14 4-03:14	3-04:41 3-01:27	3-06:42 2-02:01	5-27:25 5-20:43	5-32:50 5-05:25	5-36:56 4-04:06	5-38:16 4-01:20	5-38:48 5-00:32	38:48	22:25	Nova Enlund
6.	Ida Sundqvist	Falken	3-02:39 3-02:39	2-04:28 4-01:49	4-07:44 6-03:16	6-32:39 6-24:55	6-42:50 6-10:11	6-49:55 6-07:05	6-51:43 6-01:48	6-52:19 6-00:36	52:19	30:14	Ida Sundqvist

H12 1,73 km

		1. (104 m) [72]	2. (134 m) [71]	3. (108 m) [73]	4. (454 m) [52]	5. (330 m) [74]	6. (258 m) [70]	7. (136 m) [59]	8. (114 m) [M1]	Resultat (min/km)						
1.	Isak Norrgård	Femman	3-02:42 3-02:42	1-04:16 1-01:34	2-10:02 4-05:46	1-16:46 1-06:44	1-21:03 2-04:17	1-25:13 1-04:10	1-26:43 1-01:30	1-27:22 2-00:39	27:22	15:49	Isak Norrgård			
2.	Lucas Granlund	Femman	1-01:57 1-01:57	3-06:17 4-04:20	4-11:25 2-05:08	2-18:49 2-07:24	2-22:40 1-03:51	2-27:01 2-04:21	2-28:39 2-01:38	2-29:09 1-00:30	29:09	16:50	Lucas Granlund			
3.	Rasmus Lindfors	Falken	2-01:59 2-01:59	2-04:27 2-02:28	1-09:38 3-05:11	3-28:44 3-19:06	3-38:56 3-10:12	3-46:05 3-07:09	3-47:45 3-01:40	3-48:24 2-00:39	48:24	27:58	Rasmus Lindfors			
	Evert Tunis	Femman	4-03:38 4-03:38	4-06:29 3-02:51	3-10:19 1-03:50									Avbr.		Evert Tunis

D14 2,24 km

Table with 9 columns: Rank, Distance, Name, Club, Time 1, Time 2, Time 3, Time 4, Time 5, Time 6, Time 7, Time 8, Result, (min/km), Name. Contains data for 4 runners.

H14 2,24 km

Table with 9 columns: Rank, Distance, Name, Club, Time 1, Time 2, Time 3, Time 4, Time 5, Time 6, Time 7, Time 8, Result, (min/km), Name. Contains data for 5 runners.

D16 3,32 km

Table with 10 columns: Rank, Distance, Name, Club, Time 1, Time 2, Time 3, Time 4, Time 5, Time 6, Time 7, Time 8, Time 9, Time 10, Result, (min/km), Name. Contains data for 4 runners.

H16 4,16 km

Table with 12 columns: Rank, Distance, Name, Club, Time 1, Time 2, Time 3, Time 4, Time 5, Time 6, Time 7, Time 8, Time 9, Time 10, Time 11, Time 12, Result, (min/km), Name. Contains data for 7 runners.

D20 4,16 km

Table with 12 columns: Rank, Distance, Name, Club, Time 1, Time 2, Time 3, Time 4, Time 5, Time 6, Time 7, Time 8, Time 9, Time 10, Time 11, Time 12, Result, (min/km), Name. Contains data for 1 runner.

D35 4,16 km

Table with 12 columns: Rank, Distance, Name, Club, Time 1, Time 2, Time 3, Time 4, Time 5, Time 6, Time 7, Time 8, Time 9, Time 10, Time 11, Time 12, Result, (min/km), Name. Contains data for 1 runner.

D18 3,53 km

Table with 10 columns: Rank, Distance, Name, Club, Time 1, Time 2, Time 3, Time 4, Time 5, Time 6, Time 7, Time 8, Time 9, Time 10, Result, (min/km), Name. Contains data for 2 runners.

		2-04:16	2-01:33	4-05:31	3-04:16	2-03:00	3-06:29	3-03:29	2-02:14	4-01:25	3-00:29				
3.	Ester Gripenberg	OK77	4-04:56 4-04:56	4-06:25 1-01:29	4-11:43 3-05:18	4-15:59 3-04:16	3-19:55 3-03:56	3-25:33 1-05:38	3-28:57 2-03:24	3-31:24 3-02:27	3-32:23 1-00:59	3-32:47 2-00:24	32:47	9:17	Ester Gripenberg
4.	Julia Enlund	Femman	3-04:39 3-04:39	3-06:16 3-01:37	2-10:56 2-04:40	2-15:09 2-04:13	4-24:44 4-09:35	4-32:54 4-08:10	4-41:53 4-08:59	4-44:54 4-03:01	4-46:15 3-01:21	4-46:44 3-00:29	46:44	13:14	Julia Enlund

D40 3,53 km

		1. (516 m) [44]	2. (179 m) [45]	3. (517 m) [47]	4. (475 m) [54]	5. (232 m) [55]	6. (692 m) [52]	7. (278 m) [60]	8. (227 m) [58]	9. (165 m) [59]	10. (114 m) [M1]	Resultat (min/km)			
1.	Josefin Torrkulla	Femman	2-05:30 2-05:30	1-07:30 1-02:00	2-13:22 2-05:52	2-18:45 2-05:23	2-23:49 1-05:04	1-30:22 2-06:33	1-35:24 2-05:02	1-37:42 1-02:18	1-39:02 2-01:20	1-39:27 1-00:25	39:27	11:10	Josefin Torrkulla
2.	Ann-Sofie Sundelin	Botnia	1-05:18 1-05:18	2-07:43 3-02:25	1-12:55 1-05:12	1-17:46 1-04:51	1-23:46 3-06:00	3-35:53 3-12:07	2-38:46 1-02:53	2-41:22 2-02:36	2-42:48 3-01:26	2-43:24 2-00:36	43:24	12:17	Ann-Sofie Sundelin
3.	Katarina Bergqvist	Falken	3-05:58 3-05:58	3-08:06 2-02:08	3-17:28 3-09:22	3-23:08 3-05:40	3-28:26 2-05:18	2-34:57 1-06:31	3-52:04 3-17:07	3-57:12 3-05:08	3-58:25 1-01:13	3-59:03 3-00:38	59:03	16:43	Katarina Bergqvist

D45 3,53 km

		1. (516 m) [44]	2. (179 m) [45]	3. (517 m) [47]	4. (475 m) [54]	5. (232 m) [55]	6. (692 m) [52]	7. (278 m) [60]	8. (227 m) [58]	9. (165 m) [59]	10. (114 m) [M1]	Resultat (min/km)			
1.	Linda Ena	Falken	2-05:22 2-05:22	2-07:16 1-01:54	2-12:26 2-05:10	1-17:02 1-04:36	1-23:33 4-06:31	1-29:48 1-06:15	1-38:52 4-09:04	1-41:29 3-02:37	1-42:54 3-01:25	1-43:26 4-00:32	43:26	12:18	Linda Ena
2.	Jaana Grankull	Kronan	1-04:47 1-04:47	1-07:03 3-02:16	1-12:11 1-05:08	2-22:47 3-10:36	2-28:44 3-05:57	2-37:08 4-08:24	2-42:19 3-05:11	2-47:00 4-04:41	2-48:28 4-01:28	2-48:58 3-00:30	48:58	13:52	Jaana Grankull
3.	Ulrika Myrevik-Svenlin	Kronan	4-07:45 4-07:45	3-09:55 2-02:10	3-15:26 3-05:31	3-28:47 4-13:21	3-33:45 1-04:58	3-40:26 2-06:41	3-45:29 1-05:03	3-47:46 2-02:17	3-48:59 1-01:13	3-49:25 1-00:26	49:25	13:59	Ulrika Myrevik-Svenlin
4.	Nina Nikunen	Terjärv	3-05:42 3-05:42	4-11:25 4-05:43	4-27:18 4-15:53	4-32:42 2-05:24	4-37:42 2-05:00	4-44:29 3-06:47	4-49:34 2-05:05	4-51:44 1-02:10	4-53:01 2-01:17	4-53:29 2-00:28	53:29	15:09	Nina Nikunen

D50 3,19 km

		1. (236 m) [49]	2. (463 m) [44]	3. (534 m) [47]	4. (517 m) [45]	5. (518 m) [52]	6. (278 m) [60]	7. (227 m) [58]	8. (165 m) [59]	9. (114 m) [M1]	Resultat (min/km)			
1.	Eija Blomqvist	Femman	1-04:23 1-04:23	1-10:31 1-06:08	1-18:20 1-07:49	1-25:01 1-06:41	1-34:39 1-09:38	1-40:16 1-05:37	1-43:14 1-02:58	1-45:22 1-02:08	1-46:12 1-00:50	46:12	14:28	Eija Blomqvist

D70 2,33 km

		1. (516 m) [44]	2. (179 m) [45]	3. (309 m) [51]	4. (291 m) [52]	5. (330 m) [74]	6. (292 m) [50]	7. (165 m) [59]	8. (114 m) [M1]	Resultat (min/km)			
1.	Bodil Fred	Femman	2-07:04 2-07:04	2-10:11 3-03:07	1-15:28 1-05:17	2-20:28 2-05:00	2-24:51 2-04:23	2-28:28 2-03:37	1-29:57 1-01:29	1-30:32 2-00:35	30:32	13:06	Bodil Fred
2.	Gunilla Björklund	Falken	1-06:12 1-06:12	1-09:11 1-02:59	2-16:14 2-07:03	1-19:40 1-03:26	1-23:10 1-03:30	1-26:23 1-03:13	2-30:33 4-04:10	2-31:04 1-00:31	31:04	13:20	Gunilla Björklund
3.	Saga Pätt	Minken	3-07:40 3-07:40	3-12:06 4-04:26	3-19:54 3-07:48	3-37:45 3-17:51	3-59:58 3-22:13	3-1:07:01 3-07:03	3-1:09:47 2-02:46	3-1:10:37 3-00:50	1:10:37	30:18	Saga Pätt
	Anne Stoor	KoS	4-15:15 4-15:15	4-18:18 2-03:03		0-48:55		0-55:41 3-03:19	0-59:00 4-01:13		Avbr.		Anne Stoor

D75 2,33 km

		1. (516 m) [44]	2. (179 m) [45]	3. (309 m) [51]	4. (291 m) [52]	5. (330 m) [74]	6. (292 m) [58]	7. (165 m) [59]	8. (114 m) [M1]	Resultat (min/km)			
1.	Ann-Mari Sandgren	NOK	1-07:22 1-07:22	1-10:40 1-03:18	1-16:59 1-06:19	1-21:47 1-04:48	1-27:51 2-06:04	1-32:19 1-04:28	1-34:37 2-02:18	1-35:15 1-00:38	35:15	15:07	Ann-Mari Sandgren
2.	Brita Forsman	Falken	2-11:20 2-11:20	2-15:01 2-03:41	2-29:23 2-14:22	2-34:52 2-05:29	2-40:52 1-06:00	2-55:07 2-14:15	2-57:17 1-02:10	2-58:05 2-00:48	58:05	24:55	Brita Forsman

H75 2,58 km

		1. (236 m) [49]	2. (463 m) [44]	3. (179 m) [45]	4. (309 m) [51]	5. (485 m) [74]	6. (330 m) [52]	7. (195 m) [70]	8. (136 m) [59]	9. (114 m) [M1]	Resultat (min/km)			
1.	Sven-Olof Backman	Falken	3-05:07 3-05:07	3-13:39 3-08:32	3-16:44 3-03:05	2-22:29 2-05:45	2-26:58 1-04:29	2-31:04 1-04:06	1-34:26 1-03:22	1-35:49 2-01:23	1-36:29 3-00:40	36:29	14:08	Sven-Olof Backman
2.	Frans Pätt	Minken	1-04:30 1-04:30	1-10:51 1-06:21	1-13:27 1-02:36	1-18:39 1-05:12	1-23:31 3-04:52	1-30:52 3-07:21	2-35:19 3-04:27	2-36:49 3-01:30	2-37:25 2-00:36	37:25	14:30	Frans Pätt
3.	Mauri Lähdekorpi	Femman	2-04:47 2-04:47	2-13:21 4-08:34	2-16:01 2-02:40	3-22:59 4-06:58	3-27:35 2-04:36	3-37:51 4-10:16	3-42:17 2-04:26	3-43:37 1-01:20	3-44:12 1-00:35	44:12	17:07	Mauri Lähdekorpi
4.	Henry Byskata	Femman	5-20:09 5-20:09	5-28:03 2-07:54	5-32:15 5-04:12	5-38:26 3-06:11	5-45:43 5-07:17	4-51:39 2-05:56	4-58:18 4-06:39	4-1:00:09 4-01:51	4-1:00:58 4-00:49	1:00:58	23:37	Henry Byskata
	Roy Torrkulla	Minken	4-11:20 4-11:20	4-20:04 5-08:44	4-24:09 4-04:05	4-31:46 5-07:37	4-37:23 4-05:37		0-55:43	0-56:42 5-00:59		Avbr.		Roy Torrkulla

H80 2,58 km

		1. (236 m) [49]	2. (463 m) [44]	3. (179 m) [45]	4. (309 m) [51]	5. (485 m) [74]	6. (330 m) [52]	7. (195 m) [70]	8. (136 m) [59]	9. (114 m) [M1]	Resultat (min/km)			
1.	Lars Sandgren	NOK	1-05:35 1-05:35	1-20:13 1-14:38	1-24:12 1-03:59	1-38:16 1-14:04	1-45:08 1-06:52	1-57:19 1-12:11	1-1:01:26 1-04:07	1-1:03:57 1-02:31	1-1:04:45 1-00:48	1:04:45	25:05	Lars Sandgren

