

Cupresultat 5 km

| Placering | Namn | Förening | Löptid | Cupresultat |
|-----------|----------------------|------------------------|----------|-------------|
| 1 | Tommy Forsman | HOP HAB Team | 18:13:35 | 00:15:20 |
| 2 | Benjamin Haglund | Larsmo Brandmannaklubb | 18:13:38 | 00:15:23 |
| 3 | Catrine Gädda | Sandsund | 18:19:42 | 00:15:27 |
| 4 | Lucas Liljekvist | IF Brahe | 18:14:12 | 00:15:42 |
| 5 | Otto Wikblom | Socklot | 18:12:58 | 00:15:58 |
| 6 | Jörgen Häggman | Purmo FBK | 18:14:25 | 00:16:10 |
| 7 | Keijo Mehto | SISU | 18:12:27 | 00:16:12 |
| 8 | Valter Joensuu | IF Brahe | 18:13:31 | 00:16:16 |
| 9 | Markus Nilsson | IF Minken | 18:12:17 | 00:16:17 |
| 10 | Johan Lövsund | IS Söderby | 18:13:32 | 00:16:17 |
| 11 | Patrik Vesterlund | Ae run | 18:13:33 | 00:16:18 |
| 12 | Alf Svenfelt | GIF | 18:14:04 | 00:16:19 |
| 13 | Sofia Stenvall | MamIS | 18:15:37 | 00:16:22 |
| 14 | Sören Östman | IS Söderby | 18:12:23 | 00:16:23 |
| 15 | Robert Östberg | SI-SU | 18:14:09 | 00:16:24 |
| 16 | Veronica Kengo | IF Nykarlebynejden | 18:12:25 | 00:16:25 |
| 17 | Pontus Enlund | HOP HAB Team | 18:12:26 | 00:16:26 |
| 18 | Nicklas Solin | Jakobstad | 18:14:41 | 00:16:26 |
| 19 | Tore Svenfelt | Larsmo | 18:14:12 | 00:16:27 |
| 20 | Isak Holm | Sport | 18:13:43 | 00:16:28 |
| 21 | Jonas Hällund | Ingen förening | 18:13:13 | 00:16:28 |
| 22 | Andreas Boström | Team Snabbast i Larsmo | 18:13:44 | 00:16:29 |
| 23 | Matias Sandvik | IK Falken | 18:13:29 | 00:16:29 |
| 24 | Karita Jungar | IF Brahe / Mamis | 18:14:31 | 00:16:31 |
| 25 | Henrik Ekstrand | Ski team Mäenpää | 18:11:16 | 00:16:31 |
| 26 | Robert Kengo | Pensala UF | 18:13:32 | 00:16:32 |
| 27 | Emely Häger | Mis Body Care | 18:13:32 | 00:16:32 |
| 28 | Matias Antell | KP-TRI | 18:13:47 | 00:16:32 |
| 29 | Johnny Backman | SI-SU | 18:13:49 | 00:16:34 |
| 30 | Ari Puranen | IF Drott | 18:13:37 | 00:16:37 |
| 31 | Fredrik Lönnqvist | Oravais IF | 18:10:27 | 00:16:42 |
| 32 | Malena Flink | MamIS | 18:15:12 | 00:16:42 |
| 33 | Mats Käll | PP | 18:15:58 | 00:16:43 |
| 34 | Tomas Gädda | Jakobstad | 18:15:28 | 00:16:43 |
| 35 | Pasi Auvinen | SI-SU | 18:11:59 | 00:16:44 |
| 36 | Frank Esselström | Kungskök | 18:13:00 | 00:16:45 |
| 37 | Bo Lönnbäck | HOP HAB Team | 18:12:15 | 00:16:45 |
| 38 | Henrik Lillqvist | Ingen förening | 18:15:17 | 00:16:47 |
| 39 | Björn Sandler | IS Söderby | 18:10:32 | 00:16:47 |
| 40 | Dan Liljeqvist | A-zeta | 18:11:33 | 00:16:48 |
| 41 | Tommy Åbacka | IS Söderby | 18:11:36 | 00:16:51 |
| 42 | Jonas Krokvik | Pedersöre | 18:16:21 | 00:16:51 |
| 43 | Christian Ahlö | Ingen Förening | 18:10:38 | 00:16:53 |
| 44 | Jonas Skog | IS Söderby | 18:11:40 | 00:16:55 |
| 45 | Niklas Keskinen | SI-SU | 18:13:55 | 00:16:55 |
| 46 | Marcus Jungell | | 18:12:43 | 00:16:58 |
| 47 | Christoffer Björnvik | Pedersöre | 18:11:44 | 00:16:59 |

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| 48 | Jouni Palojärvi | | 18:16:01 | 00:17:01 |
| 49 | Tapio Lehtinen | PieHi | 18:14:46 | 00:17:01 |
| 50 | Fredrik Hagström | IS Söderby | 18:14:17 | 00:17:02 |
| 51 | Thomas Kronholm | IF Brahe | 18:15:33 | 00:17:03 |
| 52 | Peter Kengo | Pensala | 18:12:19 | 00:17:04 |
| 53 | Anders Kanckos | Ingen förening | 18:11:50 | 00:17:05 |
| 54 | Niklas Wikblom | IFN | 18:11:35 | 00:17:05 |
| 55 | Josef Krokvik | Sankt Jakobs församling | 18:10:51 | 00:17:06 |
| 56 | Niklas Dahllund | IF Brahe | 18:11:54 | 00:17:09 |
| 57 | Tommy Käldqvist | If Pucken | 18:16:41 | 00:17:11 |
| 58 | Alfred Kjellman | IF Brahe | 18:15:00 | 00:17:15 |
| 59 | Andreas Brännbacka | Sandsund | 18:16:16 | 00:17:16 |
| 60 | Marlene Joskitt | IK Falken | 18:17:47 | 00:17:17 |
| 61 | Henrik Fagerudd | IF Brahe | 18:14:17 | 00:17:17 |
| 62 | Jan Grankull | IK Falken | 18:13:03 | 00:17:18 |
| 63 | Sonja Enkvist-Nyman | Ingen förening | 18:16:48 | 00:17:18 |
| 64 | Viktor Lönnqvist | Ski team Mäenpää | 18:10:49 | 00:17:19 |
| 65 | Kenneth Ståhl | Jakobstad | 18:13:35 | 00:17:20 |
| 66 | Timo Konttinen | HOP HAB Team | 18:14:09 | 00:17:24 |
| 67 | Ingmar Juselius | HOP HAB Team | 18:14:10 | 00:17:25 |
| 68 | Heidi Skog | Ingen förening | 18:17:35 | 00:17:35 |
| 69 | Kurt Sandler | SISU | 18:16:52 | 00:17:37 |
| 70 | Jaana Grankull | IK Falken | 18:17:23 | 00:17:38 |
| 71 | Bo-Göran Finskas | HOP HAB Team | 18:18:12 | 00:17:42 |
| 72 | Jennie Strömberg | - | 18:17:40 | 00:17:55 |
| 73 | Carina Backlund | KP-TRI | 18:15:42 | 00:17:57 |
| 74 | Mikaela Klemets | | 18:18:01 | 00:18:01 |
| 75 | Peter Sund | Mirka | 18:22:50 | 00:18:05 |
| 76 | Stig Göran Lolax | Caverion | 18:17:59 | 00:18:14 |
| 77 | Jonny Asplund | | 18:17:41 | 00:18:26 |
| 78 | Åbacka Daniel | IS Söderby | 18:27:52 | 18:27:52 |
| 79 | Isomäki Timo | Si-Su | 18:28:31 | 18:28:31 |